

European Athletics Championships Amsterdam 2016 Timetable

DAY 1 - Wednesday Morning – 06 July (session 1)			
10:45	Hammer Throw	W	Q A
10:50	100m Decathlon	M	
11:05	High Jump	W	Q A+B
11:40	100m H	W	Q R
11:45	Long Jump Decathlon	M	A+B
12:00	Discus Throw Museum Square	W	Q A
12:05	Hammer Throw	W	Q B
12:10	200m	W	Q R
12:40	100m	M	Q R
13:05	Long Jump	M	Q A+B
13:10	400m	W	Q R
13:15	Discus Throw Museum Square	W	Q B
13:25	Shot Put Decathlon	M	A+B
13:35	400m	M	Q R
14:00	Discus Throw Museum Square IPAC F12/37/41/46	M	Final
DAY 1 - Wednesday Evening – 06 July (session 2)			
15:30	High Jump Decathlon	M	A+B
17:05	Javelin Throw Museum Square	M	Q A
17:05	400m H	M	QR
17:30	200m	W	SF
17:50	Pole Vault	M	Q A+B
17:55	3000m SC	M	R1
18:25	800m	W	R1
18:40	Javelin Throw Museum Square	M	Q B
18:40	Long Jump	W	Q A+B
18:55	10,000m	W	Final
19:10	Shot Put	W	Q A+B
19:35	400m Decathlon	M	
20:00	IPAC Discus Throw	M	VC
20:06	10,000m	W	VC 1

DAY 2 - Thursday Morning – 07 July (session 3)			
10:00	110m H Decathlon	M	
10:05	Pole Vault	W	Q A+B
10:50	Discus Throw Decathlon	M	A
11:10	Triple Jump	M	Q A+B
11:20	200m	M	QR
12:00	Javelin Throw Museum Square	W	Q A
12:05	800m	M	R1
12:10	Discus Throw Decathlon	M	B
12:45	100m	W	QR
13:15	Pole Vault Decathlon	M	A+B
13:25	Javelin Throw Museum Square	W	Q B
DAY 2 - Thursday Evening – 07 July (session 4)			
16:15	Javelin Throw Decathlon	M	A
16:15	400m H	M	SF
16:35	Discus Throw Museum Square	M	Q A
16:45	400m	M	SF
17:05	Shot Put	W	Final
17:10	100m H	W	SF
17:20	Javelin Throw Decathlon	M	B
17:30	High Jump	W	Final
17:35	400m	W	SF
18:00	100m	M	SF
18:15	Discus Throw Museum Square	M	Q B
18:20	Long Jump	M	Final
18:25	1500m	M	R1
18:35	Javelin Throw	M	Final
18:50	800m	W	SF
19:10	200m	W	Final
19:20	1500m Decathlon	M	
19:40	100m H	W	Final
19:50	100m	M	Final
20:00	Shot Put	W	VC 2
20:05	High Jump	W	VC 3
20:10	Long Jump	M	VC 4
20:15	Decathlon	M	VC 5
20:20	200m	W	VC 6

DAY 3 – Friday Morning – 08 July (session 5)			
12:15	100m H Heptathlon	W	
12:30	Hammer Throw	M	Q A
12:55	110m H	M	QR
13:00	High Jump Heptathlon	W	A+B
13:10	Triple Jump	W	Q A+B
13:30	3000m SC	W	R1
13:40	Hammer Throw	M	Q B
14:15	400m H	W	QR
14:30	Javelin Throw	M	VC 7
14:35	100m H	W	VC 8
DAY 3 - Friday Evening – 08 July (session 6)			
18:05	Shot Put Heptathlon	W	A+B
18:10	Hammer Throw	W	Final
18:15	1500m	W	R1
18:35	800m	M	SF
18:50	200m	M	SF
19:10	Pole Vault	M	Final
19:15	100m	W	SF
19:20	Long Jump	W	Final
19:40	400m H	M	Final
19:50	400m	M	Final
20:00	200m Heptathlon	W	
20:15	Discus Throw	W	Final
20:25	400m	W	Final
20:35	200m	M	Final
20:45	10,000m	M	Final
21:25	3000m SC	M	Final
21:45	100m	W	Final
22:00	Hammer Throw	W	VC 9
22:05	400m H	M	VC 10
22:10	Long Jump	W	VC 11
22:15	400m	M	VC 12
22:20	400m	W	VC 13
22:25	200m	M	VC 14
22:30	100m	M	VC 15

DAY 4 - Saturday Morning – 09 July (session 7)			
13:00	Long Jump Heptathlon	W	A+B
13:05	Shot Put	M	Q A+B
13:55	4 x 400m Relay	W	R1
14:10	High Jump	M	Q A+B
14:20	Javelin Throw Heptathlon	W	A
14:25	4 x 400m Relay	M	R1
14:50	100 IPAC T34	W	Final
15:00	100 IPAC T34	M	Final
15:05	Long Jump IPAC T42/44	M	Final
15:15	800 IPAC T54	M	Final
15:25	Javelin Throw Heptathlon	W	B
15:25	100 IPAC T37	M	Final
15:40	1500 IPAC T54	W	Final
15:50	200 IPAC T43/44	W	Final
16:00	3000m SC	M	VC 16
16:05	Discus Throw	W	VC 17
16:10	10.000m	M	VC 18
16:15	Pole Vault	M	VC 19
16:20	IPAC 100m T34	W	VC
16:25	IPAC 100m T34	M	VC
16:30	IPAC Long Jump	M	VC
16:35	IPAC 800m T54	M	VC
16:40	IPAC 100m T37	M	VC
16:45	IPAC 1500m T54	W	VC
16:50	IPAC 200m T43/44	W	VC
DAY 4 - Saturday Evening – 09 July (session 8)			
18:45	Javelin Throw	W	Final
19:15	110m H	M	SF
19:20	Pole Vault	W	Final
19:40	4 x 100m Relay	M	R1
19:45	Triple Jump	M	Final
20:00	4 x 100m Relay	W	R1
20:20	400m H	W	SF
20:35	Discus Throw	M	Final
20:45	800m Heptathlon	W	
21:05	5000m	W	Final
21:30	110m H	M	Final
21:40	800m	W	Final
21:50	1500m	M	Final
22:00	100m	W	VC 20
22:05	Javelin Throw	W	VC 21
22:10	Triple Jump	M	VC 22
22:15	Heptathlon	W	VC 23
22:20	110m H	M	VC 24
22:25	5000m	W	VC 25
22:30	Pole Vault	W	VC 26
22:35	Discus Throw	M	VC 27

DAY 5 - Sunday Morning – 10 July (session 9)			
09:30	Half Marathon	W	Final
09:50	Half Marathon	M	Final
11:30	10km	Mass	
16:30	Half Marathon	W	VC 28
16:36	Half Marathon Team	W	VC 29
16:42	Half Marathon	M	VC 30
16:48	Half Marathon Team	M	VC 31
DAY 5 - Sunday Evening – 10 July (session 10)			
17:00	High Jump	M	Final
17:05	400m H	W	Final
17:10	Hammer Throw	M	Final
17:15	3000m SC	W	Final
17:25	Triple Jump	W	Final
17:30	Shot Put	M	Final
17:35	4 x 100m Relay	W	Final
17:45	1500m	W	Final
17:55	4 x 100m Relay	M	Final
18:10	5000m	M	Final
18:30	800m	M	Final
18:40	4 x 400m Relay	W	Final
18:50	4 x 400m Relay	M	Final
19:00	800m	W	VC 32
19:05	1500m	M	VC 33
19:10	400m H	W	VC 34
19:15	3000m SC	W	VC 35
19:20	Hammer Throw	M	VC 36
19:25	Shot Put	M	VC 37
19:30	Triple Jump	W	VC 38
19:35	High Jump	M	VC 39
19:40	5000m	M	VC 40
19:45	800m	M	VC 41
19:50	1500m	W	VC 42
19:55	4x100m	M	VC 43
20:01	4x100m	W	VC 44
20:07	4x400m	M	VC 45
20:13	4x400m	W	VC 46