

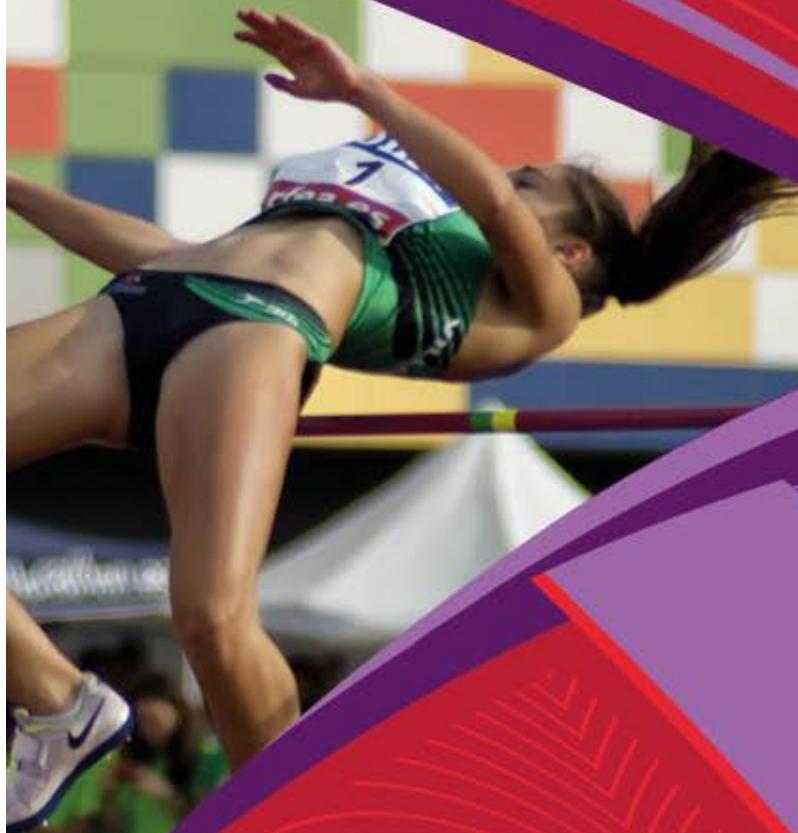
**EUROPEAN
CHAMPION
CLUBS CUP**

Castellón 2018

15 September 2018

TEAM MANUAL

TRACK & FIELD U20 - GROUP A



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1. GENERAL INFORMATION

1.1. Castellón de la Plana

Castellón de La Plana is a medieval town located between the Mediterranean and the mountain of Desert de les Palmas, on the Costa de Azahar in eastern Spain.

The capital of the county of La Plana, situated on the Costa del Azahar, has countless attractions. Many squares in which to enjoy its gentle temperatures, gardens with orange trees and a walk leading down to the sea fill this city of medieval origin. Aristocratic houses and beautiful churches draw you to the eastern city, a good starting point for getting to know part of the Spanish coast.

The perfect union between the mountains and the sea can be found in Castellón. Over 120 kilometres of coastline and some of the most fascinating beaches in the Region of Valencia. Crystal clear waters and a mild climate caress this stretch of coastline, peppered with lively towns that offer plenty of activity all year round. Benicassim, Oropesa del Mar, Peñíscola and Castellón de la Plana, offer visitors a rich historical and cultural heritage.

The diversity of Castellón is also tucked away in the land and marine ecosystems of its eight natural parks. Indescribably beautiful landscapes and trails that offer adventure and tranquillity and a broad selection of high quality rural tourism activities that reveal picturesque towns and villages and medieval jewels such as Morella.



Teatro Principal



Plaza del Mar



Plaza Mayor



Tombatossals



Castillo



La Magdalena



La farola



Jaume I



Columbretes slands

1.2. The City's Origin

In Lérida, on 6 of the ides of September, 1251 (a date that would be the equivalent to September, 8 1251 on our current calendar) Jaime (James) I extended a document in which he authorized Ximén Pérez de Arenós, his lieutenant in the Kingdom of Valencia, to transfer Castellón from its original placement to the plain which he felt was more appropriate.

Traditional memoirs place the execution of the authorized transfer to be during Lent of the following year. This has always been valued by the people of Castellón in its exact interpretation for being the dawning moment of their existence in the new settlement of the Moorish farmstead of Benirabe and for that reason the memory of the move is associated with, it is known, with the annual celebration of the "romeria" (pilgrimage) to the chapel of Mary Magdalene, which is found next to the castle's remote origins.

Twelve years before, in 1239, there was certainly the intention to found a new village (in this case the farmstead of Benimahomet) by means of a Settlement Charter granted by the first feudal lord that had Castellón, Sir Nuño Sancho, Lord of Rosellón. History had determined, nevertheless, that the birth of the new Castellón had to come from the hands of the Crown

(today we would say the State), which means that it would have that to come by the way of liberties and not by means of conditioning factors or feudal subjugations.

It is already known that life in medieval Castellón had some fully urban characteristics, with a more important emphasis on artisan and commercial activities than on the rural dedication to the crop cultivation, which cost the village subsequent and growing development through the irrigation system with the water from the River Mijares.

An example of the royal push for economic development, we recall that on March 16, 1260 James I authorized the construction of a road to link the village to the sea, where pre-roman civilizations had existed and maritime traffic was budding at the time. It was the precursor for the future port.

A document dated February 17, 1272 authorized the enlargement of the urban centre by adding a suburb that would cause the creation of both Enmedio and Arriba streets, showing the favorable effect of royal attention to the population growth of the new village. In Barcelona on February 7, 1284 the son and successor of James I, Pedro (Peter) III the Great granted the village of Castellón the power to govern themselves through the concession of the right to possess its own municipal bodies. The medieval idea that “city air makes men free” could be applied to Castellón.

Castellón assumed since the XIV century the seat of government, and with it a capital role has not abandoned him over several centuries.

But history is not a dead and inert memory, but a live testimony to the flow of generations that do not cease to come after one other or to be renewed without losing the reference of a common past.

From September 8, 1251 until today, only a single and unique historic event has occurred that has had as the town of Castellón as its protagonist, continually changing in its individuals by law of life, but always the same in its common origin and common ambitions.

A long and slow procession of days and years; a continuous sedimentation of men and women of various origins but integrated in coinciding hopes; a series of crops (grapes, cane sugar, silk, hemp, orange, according to the varying circumstances of the agricultural economy), commercial and industrial businesses; artistic and cultural achievements; religious fervor; political changes: history flowing without ceasing.

A celebration to mark the 750th anniversary of James I's royal concession that is to be faithful to its own meaning and importance cannot be based on the mere archaeological evocation of an old historic episode, or only to be the occasional motive to celebrate a festival. It requires a reflection of the past as experience and toward the future as hope. In that document from 1251, all the implicit developmental capacity has made these past 750 years possible for our town, with alternation of events and sad occurrences, but always with a love of progress, work and freedom as a symbol of our identity.

El Pinar Beach

Its fine golden sand makes it to be one of the most visited beaches in this area, but its extension and width allow it to have a quiet atmosphere. It has amphibian chairs and all necessary services to make possible that people with reduced mobility can access the beach and the sea.

The Weather

Enjoy more than 300 days of sun every year at Castellón – Costa Azahar. The low rainfall and average temperature of 18°C make Castellón a great place to enjoy all year round. Therefore, this is a Mediterranean climate with long summers and mild winters, enabling visitors to take part in many outdoor activities and enjoy what this charming Spanish province has to offer.

1.3. Useful Information

Language: Spanish

Currency: Euro

Religion: Mostly Catholic

Time zone: Central European Time-GMT+1

Electricity specifications: 220 V (50 Hz)

Telephone instructions: International code 34, area code for Castellon 964.

Introductory phrases in local language:

English	Español (Spanish)
Welcome	Bienvenido (sg) Bienvenidos (pl)
Hello	Hola!
How are you?	Cómo está usted? (frm) Cómo estás? (inf)
I'm fine, thanks. And you?	Bien gracias, y tú? (inf)
What's your name?	Cómo te llamas? (inf)
My name is ...	Me llamo ..., Mi nombre es ...
Where are you from?	De dónde eres? (inf) De dónde es usted? (frm)
I'm from ...	Soy de ...
Pleased to meet you	Mucho gusto. Encantado
Good morning	Buenos días
Good afternoon/evening	Buenas tardes
Good night/evening	Buenas noches
Goodbye	Adiós, Hasta luego, Hasta la vista, Hasta mañana
Good luck	Buena suerte!
I don't understand	No entiendo / No comprendo
How do you say ... in Spanish?	Cómo se dice ... en español?
Excuse me	Perdón! ¡Perdone! Discúlpe!
How much is this?	Cuánto cuesta? Cuánto cuesta esto?
Sorry	Perdón! Perdone! Lo siento!
Thank you	Gracias / Muchas gracias
Where's the toilet?	Dónde está el baño?
Where is the Call Room? Where is Competition information?	Donde está cámara de llamadas? Donde está el Centro de Información?

1.4. Business Hours Shops, Government Offices, Banks

Shop opening hours	10:00 to 13:30 and 17:00 to 20:00
Post Office opening hours	10:00 to 13:30 and 16:00 to 20:30
Banks opening hours	8:30 to 15:00

2. ORGANISATIONAL STRUCTURE

2.1. European Athletics Council

President
First Vice President
Vice Presidents

CEO
Council Members

IAAF President (ex officio member)
European Athletics Honorary Life Presidents

Svein Arne Hansen (NOR)
Dobromir Karamarinov (BUL)
Jean Gracia (FRA)
Frank Hensel (GER)
Christian Milz (SUI)
Sylvia Barlag (NED)
Gregor Bencina (SLO)
José Luis de Carlos (ESP)
Alfio Giomi (ITA)
Marton Gyulai (HUN)
Toralf Nilsson (SWE)
Panagiotis Dimakos (GRE)
Antti Pihlakoski (FIN)
Jorge Salcedo (POR)
Gabriela Szabo (ROU)
Erich Teigamägi (EST)
Libor Varhanik (CZE)
Salih Munir Yaras (TUR)
Sebastian Coe (GBR)
Carl-Olaf Homén (FIN)
Hansjörg Wirz (SUI)

2.2. European Athletics Delegates

Council Delegate
Technical Delegate
Jury of Appeal

José Luis de Carlos (ESP)
Luis Abegão (POR)
Tba at the Technical Meeting

2.3. European Athletics Office

Avenue Louis-Ruchonnet 16,
1003 Lausanne,
Switzerland
Tel: + 41 21 313 43 63
Fax: +41 21 313 53 51
eccc@european-athletics.org

2.4. Executive Board of the Spanish Athletic Federation

President
Vice-Presidents

General Secretary
Members

Raúl Chapado Serrano
José Enrique López Cuenca (1st Vice-
President)
Vicente Año Sanz
Isidro Arranz Juanilla
Joan Villuendas Bornau
José Luis de Carlos
Ruth Beitia Vila
Angel Cano Fernández
Antoni Cornellas Aligue
Biel Gili Nadal
Isabel Macías Chow
María Idoia Mariezkurrena Fernández
Susana Ochoa Linares

Jose Ortuño Perez
José Peiró Guixot
Aurora Perez Gutiérrez
Víctor Eduardo Reveron Gomez
Antonio Jose Rivera Cuevas
Roberto Rúaless Trapero
Pedro Talavera Talavera
Jose Enrique Villacorta Fernández

2.5. Local Organising Committee

President	Antonio Escrig
General Secretary	Jordi Carbó
Event Management	José Ortuño
Protocol/Hospitality	Manoli Alonso
Press/Media	Adrià Puig
Finance	Luis Carbó
Travel/Accommodation	Claudio Veneziano
Marketing	Hector Bellmunt
Ceremonies	Antonio Simarro

2.6. Competition Organisation

Competition Director	Vicente Ferrando
Technical Director	To be transmitted at Technical Meeting
Track Referee	Iker Martínez
Field Events Referee	Luis Azpiroz
Call Room Referee	To be transmitted at Technical Meeting
Photofinish Judge	Pepe Magraner
Chief Assembly	To be transmitted at Technical Meeting
Chief Starter	Francisco Garcia
TIC Manager	To be transmitted at Technical Meeting
Doping Control	Nuria Cebrian

2.7. Participating Clubs

Men		Women	
CZE	ASK Slavia Praha	CZE	AK Olymp Brno
DEN	Sparta AM	DEN	Sparta AM
ESP	Playas de Castellon	ESP	Playas de Castellon
GBR	Blackheath & Bromley Harriers AC	FIN	Tampereen Pyrintö
NED	PAC Rotterdam	GBR	Blackheath & Bromley Harriers AC
POR	Sport Lisboa e Benfica	ITA	ASD Bracco Atletica
SLO	AD Mass Ljubljana	NED	PAC Rotterdam
TUR	Enke	TUR	Fenerbahce Sport Club

3. ARRIVALS

3.1. ARRIVAL BY AIR

Castellón Airport (around 25 km from the city of Castellón) and Manises/Valencia Airport (about 90 km from the city of Castellón) are the official airports. Further airports may be used as alternative airports, upon previous agreement with the LOC and at the Clubs' costs.

Transfer times from the official airports are as follows:

- From Castellón Airport to the official Hotels 20 minutes
- From Manises/Valencia Airport to the official Hotels 1h00m

3.1.1. Welcome Service

The Welcome Desk shall be situated at the airports arrivals terminals and will be open from 13 September 2018 (depending on travel schedules communicated by the teams).

Upon arrival, teams will be met by the LOC or team attachés. Look out for your attaché with your club's name on a board as you leave the baggage hall. Once luggage has been collected, team members will be escorted to buses which will take them to their Hotels.

3.1.2. Transportation of Equipment

The LOC will provide transport for the delivery of personal implements and vaulting poles. Upon arrival to the airport athletes are responsible for taking their personal implements and vaulting poles to the Airports Welcome Desks, where LOC team members will assist. Personal implements and vaulting poles must be clearly marked with name and club/country signs to ensure that they do not get lost.

Teams arriving until 20:00 on Friday 14 September will stop at the Stadium Complejo Deportivo Gaetà Huguet en-route to the Hotels to drop off the vaulting poles and implements to be stored/checked in a safe/dedicated place at the Stadium.

For the Teams arriving after 20:00 on Friday 14 September, the personal implements and vaulting poles will be taken directly to the Hotels. Their vaulting poles and implements will be transported by the LOC from the Hotels to the Stadium on Saturday 15 September at 10:00 to be stored/checked.

Both personal implements and vaulting poles will be kept in a locked store and will be brought to the competition site in due time by the LOC.

After the competition personal implements will be transported by the LOC from the Stadium field of play back to the TIC so the teams are collecting them.

After the competition, the LOC will take the Vaulting poles to the teams' Hotels and further transportation will be arranged by the organisers as required.

3.2. ARRIVAL BY TRAIN

There will be no Welcome Desk at the main railway station in Castellón.

Teams arriving by train will be met by LOC representatives and taken to the team Hotel, according to the arrival times given in the final entry system.

3.3. ARRIVAL BY ROAD

Teams arriving by road until 20:00 on Friday 14 September, are asked to come directly to the Stadium to drop off the personal implements and vaulting poles to be stored/checked in a safe/dedicated place at the Stadium.

Teams arriving after 20:00 on Friday 14 September, are kindly asked to go directly to their Hotel, where representatives from the LOC will welcome them. Their vaulting poles and implements will be transported by the LOC from the Hotels to the Stadium on Saturday 15 September at 10:00 to be stored/checked.

3.4. VISA REQUIREMENTS

Visas should be obtained before leaving your country, from Spain Embassy or Consulate, well in advance to ensure all the procedures in due time.

The following participating country nationals require visa to enter Spain:

- Turkey

Participants who require a visa should contact the LOC as soon as possible (until 21 August 2018) to obtain a special invitation letter and visa application information.

The following information shall be included in the request:

- Full name (first name and family name as shown in passport)
- Gender
- Date of birth
- Passport Number and Passport Expiry Date (passports should be valid at least 6 months after the end of the competition)
- Function in the Team (athlete or official)

Please contact:

Claudio Veneziano
LOC Event Coordinator
Tel: 0034 639 864732
Fax: 0034 964 202176
E-mail: claycla@hotmail.com
info@atletimescastello.es

The invitation will be sent to you as soon as possible.

4. TRANSPORT

4.1. TRANSPORTATION DESKS

The Transportation Desks will be located in the lobby of Hotels with qualified personnel offering relevant information about all aspects of the ECCC Track & Field U20 Group A.

The Transportation Desks opening hours will be as follows, from 13 to 16 September:

- Thursday 13 September Depending on arrivals
- Friday 14 September 09:00-22:00 (depending on arrivals)
- Saturday 15 September 08:00-22:00
- Sunday 16 September 08:00-12:00 (depending on departures).

4.2. BUS SHUTTLE SERVICE

A regular bus shuttle service will be provided between the team Hotels (Hotel Del Golf, EuroHotel Castelló and, in case of need, the back-up Hotel Luz Castellón), training/competition venues, Technical Meeting and social events/functions. Transfer times between the Hotels and the competition venues will be between 5-25 minutes, depending on traffic conditions and location of the Hotels. The following arrangements have been made for the team Hotels (please note there will be no bus shuttle service on Thursday 13 September):

Friday 14 September 2018			
Bus from 14:00 to 20:15			
From Hotel Del Golf	From EuroHotel Castelló/Hotel Luz Castellón	At/From Stadium	Number of Buses
14:00	14:20	14:25	Bus 1
15:00	15:20	15:25	Bus 1
16:00	16:20	16:25	Bus 1
17:00	17:20	17:25	Bus 1
18:00	18:20	18:25	Bus 1
19:00	19:20	19:25	Bus 1
		20:15	Bus 1

Saturday 15 September 2018			
Buses from 12:00 to 20:45			
From Hotel Del Golf	From EuroHotel Castelló/Hotel Luz Castellón	At/From Stadium	Number of Buses
12:00	12:20	12:25	Bus 1
12:45	13:05	13:10	Bus 1
13:30	13:50	13:55	Bus 1
14:30	14:50	14:55	Bus 1
15:30	15:50	15:55	Bus 1
16:30	16:50	16:55	Bus 1
17:30	17:50	17:55	Bus 1
		20:45	Bus 1 & 2

The transfer to the Technical Meeting from Hotel Del Golf will take place by cars (20:30, from the Information Desk) and the return will take place by cars as well (21:45). For further information, please check the Information/Transportation Desk at your Hotel.

4.3. RETURN TO AIRPORT / TRAIN STATIONS

Transport will be arranged according to the flight schedules submitted by the teams. Further information will be available from the Hotel Information Desks. In case teams' travel plans change after the Final Entries closing date teams may have to assume an extra fee to support eventual extra transportation expenses.

5. ACCOMMODATION & HOTEL INFORMATION

5.1. GENERAL INFORMATION

The LOC has reserved accommodation for all teams at the Hotel Del Golf, EuroHotel Castelló and, in case of need, the back-up Hotel Luz Castellón, as providing full board accommodation. The Hotel Del Golf is located approximately 10 km from the Castellon centre and the competition venue. It is also approximately 300m from the sandy beach. EuroHotel Castelló and Hotel Luz Castellón are walking distance from the city centre and 10 minutes walking distance from the Stadium.

5.2. INFORMATION DESKS

The Information Desks will be located in the lobby of Hotels with qualified personnel offering relevant information about all aspects of the European Champion Clubs Cup Track & Field U20 Group A.

The Information Desks opening hours will be as follows, from 13 to 16 September:

- Thursday 13 September Depending on arrivals
- Friday 14 September 09:00-22:00 (depending on arrivals)
- Saturday 15 September 08:00-22:00
- Sunday 16 September 08:00-12:00 (depending on departures).

5.3. OFFICIAL HOTELS

Hotel Name	Address & website	Telephone & Fax	Facilities
Hotel Del Golf	Avenida Del Golf, nº 2 Playa del Pinar 12100 Grao Castellón	Telephone (+34) 964 280 180	Outdoor pools, free WiFi in Hotel lobby and cafeteria.
EuroHotel Castelló	C/ Pintor Oliet nº 9 12006 Castellón	Telephone (+34) 964 34 25 59	Free WiFi in Hotel lobby and cafeteria.
Hotel Luz Castellón*	C/ Pintor Oliet, nº 3 12006 Castellón	Telephone (+34) 964 20 10 10	Free WiFi in Hotel lobby and cafeteria.

* To be used in case of need, as a back-up Hotel

The team Hotels allocation will be defined after the Final Entries and communicated to the teams as soon as available.

5.4. COSTS AND EUROPEAN ATHLETICS QUOTA

According to EA Regulation 1510.6.1 the visiting clubs should pay a contribution of 400 € to the organizer (at the venue) for accommodation expenses. This amount is to cover the accommodation for 2 nights for the maximum number of quota team members which is at the men's and women's competition each 26 persons including a maximum of 6 officials.

The following rates must be paid for "out of quota" team members and for additional days:

Team members	Single room	Twin room
	EURO	EURO
Out of quota athletes / officials	100 per person/night	75 per person/night
Additional nights	100 per person/night	75 per person/night

All prices include meals and VAT

Meals only	15 per person/meal	15 per person/meal
Accommodation only	70 per person/night	55 per person/night

All prices include VAT

Each team will be allocated a minimum number of single rooms equivalent to 10% of the total number of athletes and officials within the quota.

All payments must be made in Euros (€), in cash, by credit card or by bank transfer.

The team leader must settle any extra charges (bar, laundry, telephone etc.) at the Hotel reception desk, before departure. The team leader will be requested to provide a credit card at the time of checking in at the reception desk to cover any extras or eventual caused damage by the team.

An invoice will be sent in advance to each club detailing the amount they owe based on the numbers declared in the Final Entries and this shall be paid in full, considering 1510.1.1 & 1510.6.1, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.

The teams which prefer to pay in advance may do it through bank transfer before travelling using the following data:

BENEFICIARY	
Account holder's name (beneficiary)	CLUB ATLETISMO PLAYAS DE CASTELLÓN
Address	Complejo Deportivo Gaetà Huguet Ctra. Ribesalbes nº 9 12006 Castelló de la Plana

BANK DETAILS	
Name of the Bank	Banco Sabadell
Address of the Bank	Calle Arzobispo Gasch, 1, 12110 Alcora, Castellón
IBAN No	ES97-0081-0275-61-0001159526
Swift code/BIC	BSABESBBXXX

Note: A copy of the bank transfer will be required upon arrival.

5.5. MEALS

All meals will be served in the Hotels.

The restaurants opening times are:

- **Breakfast:** 07:30-10:00
- **Lunch:** 12:00-15:00
 - Saturday 15 September:
 - For athletes and team officials willing to have lunch earlier than 12:00 full lunch boxes may be ordered to the LOC and delivered at the hotels upon request at the TIC/Hotels' Information Desks, no later than 20:00 on Friday 14 September.
- **Dinner:** 20:00-22:00
 - Saturday 15 September from 21:00

Accreditation cards (which will be given to teams upon arrival) will allow access to meals.

For lunch and dinner mineral water will be available free of charge. All other drinks must be paid for.

All food restrictions (celiac, vegan, vegetarian, etc.) should be communicated to the LOC in advance.

A late serving provision will be made for those athletes detained at the Stadium due to doping controls or protests.

Teams leaving immediately after the competition may request dinner boxes from the Hotels no later than 10:00 on Saturday 15 September at the Information Desk at the Hotels.

5.6. MEETING ROOMS FOR TEAMS

Arrangements can be made for team meeting rooms through the information desk in the Hotels. Requests shall be made at reasonable time in advance.

5.7. TELEPHONE CALLS

The telephone will be automatically activated to make room-to-room calls. Any athletes or delegation officials requiring the use of the room phone for outgoing calls must make arrangements with the Information Desk at the Hotel. The telephone will be made available upon the presentation of a credit card to cover all charges.

All delegations will receive a telephone contact list of important telephone numbers for the ECCC T&F U20 Group A 2018, as follows:

European emergency number	112
Ambulance	112
Fire department	112
Police	091 / 092
LOC Event Coordinator – Mr. Claudio Veneziano	+34 639 864 732

6. ACCREDITATION

6.1. GENERAL

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

6.2. ACCREDITATION PROCEDURE

There will be dedicated Accreditation Centres which will work in cooperation with the Information/Transportation Desks whose opening hours will be as follows, from 13 to 16 September:

- Thursday 13 September Depending on arrivals
- Friday 14 September 09:00-22:00 (depending on arrivals)
- Saturday 15 September 08:00-22:00
- Sunday 16 September 08:00-12:00 (depending on departures).

Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Federation in the final entry system.

The Team Leaders will be asked to complete the following formalities before they can collect the accreditation cards for the whole team:

- LOC accommodation invoice
- **Check of athletes' passport (to allow verification of all participants' age)**
- Team vest check
- Insurance policy to cover illness or injury of the registered team members
- Final confirmation of entries
- Collection of competition related forms, competition numbers (Bibs) and information
- Confirmation of departure details

6.3. LOSS OF AN ACCREDITATION CARD

Any lost or damaged accreditation cards should be reported to the Information Desk. Duplicate cards can be obtained where proof of identity can be established.

6.4. ACCESS AREAS FOR TEAMS

A description of the accreditation system is included on the back of the accreditation card.

The Head of Delegation/Team Leader from each team is invited to the VIP Area and will be given the necessary access number on the accreditation card.

All team accreditation cards will allow access to the team seating area, warm up area, changing facilities and physiotherapy area. Only athletes who are about to compete will have access to the Call Room and to the Infield.

Separate cards will be distributed to the coaches (1 per competing athlete) for the coaching areas, namely the Hammer/Discus, Javelin, Shot Put, High Jump and Horizontal Jumps areas.

Separate cards will be issued to Team Leaders (1 per competing club), for access to the TIC. Separate cards will be issued to access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person. Passes will be collected once they enter the Doping Control Centre.

7. TECHNICAL INFORMATION

7.1. TECHNICAL INFORMATION CENTRE (TIC)

The main function of the centre is to ensure smooth communication between each Team Delegation, the LOC, the Technical Delegate, EA and the Competition Administration, regarding technical matters.

The TIC is located on the second floor of the Stadium (please see Appendix 3) and will be open at the following times:

- Friday 14 September 15:00 – 20:45
- Saturday 15 September 12:00 – 20:45

The TIC will be linked to all Information Desks set up for this event and shall be responsible for the following:

- Competition information (Start Lists, Results, etc)
- Liaison points concerning technical matters between Team Officials, the Technical Delegate, European Athletics and the LOC
- Urgent notices – collection and delivery of any urgent written notices to the Team Delegations from the Technical Delegate, EA and the LOC
- Settlement of technical enquiries from delegations
- Recovery of confiscated items at the Call Room
- Applications for 'national records' (doping control and photo finish prints)
- Receipt of final declaration of members of relay teams
- Receipt of protests from the teams

Access to the information in the teams' pigeon boxes at the TIC will be controlled by separate entry cards, not by the accreditation card (see point 6.4.).

Teams that are/were not able to attend the Technical Meeting, under extreme circumstances, can collect the Start Lists at the Information Desk of their Hotel after the Technical Meeting.

7.2. TECHNICAL MEETING

The Technical Meeting will be held on Friday 14 September at 21:00, at EuroHotel Castelló. The transfer to the Technical Meeting from Hotel Del Golf will take place by cars (20:30, from the Information Desk) and the return will take place by cars as well (21:45). No transfer shall be needed from/to Hotel Luz Castellón as it is located just next to EuroHotel Castelló.

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented in writing, preferably in English, at the TIC/Hotels' Information/Transportation Desks before 16:00 on that day. The Technical Meeting will be conducted in English.

The Technical Meeting will be attended by:

- European Athletics Delegates
- Jury of appeal (members to be appointed *in situ*)
- Representatives of the Local Organising Committee
- Chief Technical Officials
- TIC Representatives
- Competition Director
- Competition Data Processing Representative
- European Athletics Staff

7.2.1. Agenda

The preliminary agenda of the Technical Meeting includes:

- Welcome by the President of the Local Organising Committee
- Welcome by the European Athletics President or his representative
- Presentation of the International Officials
- Presentation of the Competition Officials
- Presentation of the competition and warm up sites
- Information briefing by the Technical Delegate
 - Call-room procedures and schedule
 - Allocation of lanes and starting order
 - Starting height and bar raising Increments
 - Scoring and ties
- Doping Control
- Victory Ceremonies, Opening and Closing Ceremonies
- Selection of Jury of Appeal
- Answering of questions submitted in writing by the clubs

7.3. EQUIPMENT

The implements provided by the LOC (see implement list, Appendix 2) are selected from those appearing on the current IAAF approved equipment list.

Personal implements will also be allowed, providing that:

- They are readily identifiable and are IAAF certified
- They are not already on the official list
- They have been checked for compliance with IAAF Rules
- They are made available to all other athletes until the end of the event

Teams arriving until 20:00 on Friday 14 September wishing to have personal implements added to the list will stop at the Stadium Complejo Deportivo Gaetà Huguet en-route to the Hotels to drop off the personal implements (along with the vaulting poles) to be stored/checked in a safe/dedicated place at the Stadium.

For the Teams arriving after 20:00 on Friday 14 September, the personal implements (along with the vaulting poles) shall be taken directly to the Hotels and will be transported by the LOC from the Hotels to the Stadium on Saturday 15 September at 10:00 to be stored/checked.

If approved, the implements will be under the authority of the LOC from the time of checking to the end of the event. If not approved, the corresponding teams shall be informed accordingly by the LOC by telephone/dedicated form, so the implements may be collected at the Stadium TIC.

After the competition personal implements will be transported by the LOC from the Stadium field of play back to the TIC so the teams are collecting them.

After the competitions, the LOC will take the vaulting poles to the teams Hotels and further transportation will be arranged by the organisers as required.

7.4. INSPECTION OF COMPETITION VENUE

Heads of Delegation may visit the competition venue between 18:00 and 20:00 on Friday 14 September inspecting access routes and other facilities. The meeting point will be at the TIC, at 18.00. The visit will be accompanied by LOC personnel.

7.5. COMPETITION AREA

The Competition venue is Complejo Deportivo Gaetà Huguet. The Stadium and its surroundings are shown in Appendix 3 of this document. There are 2800 of seats.

The Stadium has the following competition sites (to be used in the competition):

- 8 lanes
- 1 High Jump site
- 1 Pole Vault site
- 1 Long/Triple Jump site
- 1 Shot Put Circle
- 1 Combined Discus/Hammer Circle
- 1 Javelin site

The Warm up area has the following sites:

- 6 lanes on the straight (indoor)
- 500m artificial grass
- A weightlifting room
- There are no separate throwing or jumping warm up areas

7.6. DRESSING ROOMS

Dressing rooms with showers are located in the main building at the Stadium and will be accessible for all participants (please, see the map from Appendix 3).

7.7. TRAINING

The training will be taking place at the competition venue on Friday 14 September (please note there will no training sessions taking place on Thursday 13 September):

- From 15:00 to 16:00 for Hammer Throwers
- From 16:00 to 17:00 for Discus Throwers
- From 17:00 to 18:00 for Javelin Throwers
- From 18:00 to 20:00 for all other athletes.

Equipment and implements necessary for trainings will be available at the training venue. Officials will be present to help in the case of problems or special requirements. Water will be available at the training venue. Accreditation must be handed in when borrowing equipment, and will be returned to the athletes when the equipment is handed back in.

IMPORTANT: do not leave any personal or team belongings in dressing rooms. The LOC will take no responsibility for them in case of loss.

The Weightlifting training room is located on the ground floor (see Appendix 3). The opening hours will be from 14:30 to 20:00 on 14 September.

The transport schedule will be displayed at the Transportation Desks at the Hotels.

7.7.1. Training with Official Starters

The training with an official starter will take place at the competition venue on Friday 14 September from 19:00 to 20:00.

8. COMPETITION REGULATIONS

8.1. TEAM COMPOSITION

There will be 19 men's events and 19 events for women. According to the European Athletics Regulation 1502.3.1 only clubs recognised by the Member Federation as National Champions of the preceding year are eligible in the ECCC Track & Field U20. If the Champion club is not able to take part, then the Member Federation may nominate the second placed club and so on.

Only athletes aged from 16 to 19 years on 31 December of the year of the competition may compete.

A Club may only select national or foreign athletes to compete in the ECCC Track & Field U20 who are eligible under the Member Federation terms of eligibility at the date in the year in which the ECCC Track & Field U20 is held. **Provided that such an athlete is a bona fide member of that club for a period starting at least on 1 April of the year of the ECCC Track & Field U20.**

The number of foreign athletes is strictly limited to two (2) for each club team in ECCC Track & Field U20. The Technical Delegate reserves the right to inspect resident cards or passports.

Member Federations must provide the list of eligible national and foreign athletes to European Athletics by 30 April of the year of the competition.

An athlete may not be declared eligible to compete by two participating clubs. In the event that an athlete does appear on two lists of eligible athletes, then the clubs' respective federation may consult together (before the Final Entries) to agree for which club the athlete will compete in that competition. In the event there is no agreement between the involved federations, then the athlete will be excluded from that competition.

Each club team shall consist of one athlete in each event, except relays.

Each athlete can take part in a maximum of three events of which at least one must be a relay-race. The runners in 1500 m, 3000 m and 2000m steeplechase are only allowed to participate in one of these three events.

8.2. COMPETITION ENTRY PROCEDURES

8.2.1. Preliminary Entries

Not later than 3 (three) months (14:00 CET) before the first day of the ECCC Track & Field U20, each Member Federation shall send to European Athletics (usually via the teams' on-line entry system) a preliminary list of athletes, the numbers of accompanying officials, together with their travel details and full contact details.

Each member participation club will have to pay a registration fee of EUR 1000, to be paid at the latest by the date of the closing of the preliminary entries.

8.2.2. Final Entries

Final Entries shall be made through the European Athletics Event Management System which will be accessible at the following link: <https://arena.european-athletics.org/>. Member Federations' entries manager shall use their already known individual and personalised access.

Final Entries indicating the names and individual logistical information (**detailed travel arrangements, accommodation request and rooming list**) of the competitors and of the officials must be received 10 (ten) days (14:00 CET) before the first competition day.

According to the regulations the deadlines for the Final Entries are:

- opening date of the online entry system 21 August 2018
- deadline for the entries 05 September 2018, 14:00 CET

8.2.3. Final Confirmations

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition.

In case of late injuries, replacement of initially entered athletes will be allowed until the final confirmation deadline. However, no additional athletes will be accepted, but substitutes by an athlete who is on the list of eligible athletes provided by the respective clubs only.

Forms for the final declaration and confirmation will be sent in advance to teams by email and distributed to each delegation during accreditation. **The forms must be completed and returned immediately or no later than 16:00 on Friday 14 September, at the TIC/Hotels' Information Desks. Any club foreseeing to arrive later than this deadline shall confirm the respective team's participation via email to eccc@european-athletics.org.**

Final Start Lists will be ready for collection after the Technical Meeting.

Maximum 2 athletes per team will be allowed to compete in 100m Extra races. Entries must be delivered during accreditation, together with Final Confirmations **no later than 16:00 on Friday 14 September, at the TIC/Hotels' Information Desks.**

The final relay team and the running order must be submitted to the TIC using the respective form not later than one hour before the published first call time of the event.

8.2.4. Withdrawal

Withdrawal of any confirmed athlete must be indicated to the TIC at the Stadium in writing on the official withdrawal form.

8.3. SCORING

The winner of each individual event and each relay in each match shall score as many points as there are teams competing, the second will score one fewer, and so on. Athletes or relay teams disqualified or not finishing shall not score.

If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

The team having the highest aggregate number of points shall be the winner of the match, and so on.

If two or more club teams have the same aggregate number of points, the tie shall be decided in favour of the club team having the greater number of event winners. If the tie still remains it shall be decided in favour of the club team having the greater number of second places, and so on.

8.4. BIB NUMBERS

The LOC will provide the teams with 3 (three) bibs (two bibs with numbers and one official three-letter country code bib) with the accreditation, at the Accreditation Centres, as follows:

- Each athlete must wear the bib with the number on his/her front as on his/her back each athlete must wear the official three-letter country code bib of his/her national federation
- In the relays each runner must wear the bib with the official three-letter country code of his/her national federation on his/her front as on his/her back runners must wear the bib with the number
- The third bib with the number shall be used on the back of the athletes' tracksuits.

Exceptions are made for all jumping events participants: these competitors are permitted to attach the bib **with the number** only to the front or to the back of their competition clothing

Bibs must not be cut, folded or covered in any way.

8.5. COMPETITION CLOTHING

The competition and the warm-up attire of the athletes representing qualified clubs in the ECCC events may have advertising, as permitted, under the regulations of the respective Member Federations. If a Member Federation's regulations differ from IAAF Advertising Regulations in regard to clothing of athletes, Member Federation's regulations shall prevail for the ECCC events, on exceptional basis.

Participating clubs or corresponding Member Federations must provide European Athletics/LOC with a full set of photographs of their club team uniforms (preferably in an electronic version) by 21 August 2018 and will have the obligation to wear them throughout the competition:

- JPEG file, maximum resolution and size 300 dpi / 500KB
- Compressed ZIP file, if possible
- Mail to: eccc@european-athletics.org / info@atletismecastello.es

All competitors must wear registered vest of the same design and colour of the club they are representing.

8.6. LANE AND STARTING ORDER

The allocations of lanes and order of attempts in field events is decided by a draw conducted by the Technical Delegate. Each participating club shall be allocated a letter which shall determine the allocation of lanes in accordance with the appropriate chart as Appendix 1A of the European Athletics Regulations for the European Cup. Draws for men's and women's teams shall be made separately (please see Appendix 4 for the draw results.).

8.7. STARTING HEIGHTS

Initial heights and progression will be communicated to the teams during the Technical Meeting.

9. COMPETITION PROCEDURE

9.1. TIMETABLE

Please refer to Appendix 1 for the competition timetable.

9.2. WARMING UP BEFORE EVENTS

Warming up will take place as per point 7.5 above.

9.3. CALL ROOM PROCEDURES

The Call Room is located at the Stadium (number 6 in the map from Appendix 3). It is the responsibility of the team managers to ensure that their athletes are aware of the last check-in times for entry to the Call Room. Athletes arriving late may be excluded from participation in the event.

All athletes must report to the Call Room before each event and will then be escorted to the competition site as follows:

Event	Opening Call Room	Closing Call Room	Entrance to Infield
Running Events	25 min	15 min	10 min
Horizontal Jumps & Throwing Events	45 min	35 min	30 min
High Jump	55 min	45 min	40 min
Pole Vault	65 min	55 min	50 min

NB - The same time shall be used for all track events

The following checks will be carried out on equipment that must comply with IAAF Advertising and Competition Rules:

- Competition clothing
- Shoes
- Non-authorized equipment (radio, i-pod, mobile phone, camera, etc.) are not brought infield.

A detailed Call Room timetable will be displayed and circulated to the teams. (please see Appendix 1).

9.4. COMPETITION PREPARATION

9.4.1. Field events

Each athlete is allowed a minimum of two practice trials under the supervision of the officials, more if time allows. The athletes will be called to the practice trials for the throwing events in the competition order. Only official markers provided by the LOC will be allowed for marking the runways.

9.4.2. Trials in Field events

In all field events, except High Jump and Pole Vault, each competitor shall be entitled to take 4 (four) attempts only.

The time permitted for each attempt in High Jump shall be 30 seconds and 1 (one) minute in Pole Vault, except when consecutive attempts are by the same athlete in which case IAAF Rule 180.17 shall apply

9.4.2.1. Measurements

Horizontal Jumps and Throwing Events will be measured by EDM (Electronic Distance Measurement) apparatus from *Leica*. High Jump and Pole Vault will be measured manually.

9.4.3. TRACK EVENTS

Tracksuits shall be placed in baskets at the Call Room. The baskets will be taken by LOC volunteers to the post event area for collection after the race (next to the Mixed Zone).

9.5. STARTER'S COMMANDS

The starter's commands will be given in English.

The starter's command for the distances up to and including 400m and 4x400m relay are:

- "On your marks",
- "Set",
- *Fire of the gun.*

For distances of 800m and over, the commands will be:

- "On your marks",
- *Fire of the gun.*

If for any reason the starter feels it is necessary to interrupt the process, he/she will say:

- "Stand Up".

Finish Lynx starting blocks will be used at the European Champion Clubs Cup for events up to 400m and including first leg of 4x400m. These blocks have a false start detection system and are linked to the false start console.

9.6. TIMING

The official timing will be provided by FinishLynx and will be displayed on the official electronic timing instrument and photo finish cameras provided by FinishLynx. For all races of 800m or more, the elapsed time will be displayed on electronic timers located at the end of each straight.

9.7. LEAVING THE STADIUM DURING THE COMPETITION

An athlete may only leave the competition area when accompanied by a judge. The intention must be communicated to the Referee.

9.8. LEAVING THE STADIUM AFTER THE COMPETITION

After the competition, athletes immediately leave the infield through the mixed zone where media interviews will be carried out.

9.9. PROTESTS AND APPEALS

Protests are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned.

The Jury's decision will be provided in writing.

9.10. DOPING CONTROL

9.10.1. General Information

Doping control shall be conducted in accordance with IAAF Rules and Procedures under the supervision of the Technical Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti-doping officials. Athletes will be required to sign a confirmation of notification. Athletes under age (<18 years old) must present themselves at the Doping Control Centre (DCC) accompanied by an official.

A selected athlete should report immediately to the DCC unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCC. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the event.

9.10.2. Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the Technical Delegate. In addition, the selection of further athletes may be ordered at the discretion of the Technical Delegate.

All athletes setting World or European records must report to the DCC to provide a sample. Failure to provide a sample will result in the record not being ratified.

9.10.3. Additional Controls

Additional athletes, such as those achieving National Records who have not been selected for doping control, may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the DCC.

The cost of this control will have to be paid for on site by the requesting club to the LOC. All additional controls have a cost of 480.00 €.

10. MEDICAL SERVICES

10.1. GENERAL

As per European Athletics Regulation 1510.9, each participating club team is responsible for taking out their own insurance to cover illness or injury to any member of their party when travelling to and from and during the ECCC Track & Field U20. Please take the necessary steps to fulfil these requirements well in advance as **participating teams are requested to present a copy of the insurance policy during the accreditation procedure or send a copy of the document in advance to info@atletismecastello.es.**

The medical service is in charge of any medical assistance to the team leaders, the competition organisation, the information personnel, the honorary guests as well as, during the competition, to the spectators in the Stadium.

In case of an emergency please contact the nearest medical aid station. In other cases the given instructions should be followed. Below is information on the medical care sites and relevant instructions. The LOC doctor is in charge of the medical service and can be reached on +34 617 31 52 32.

10.2. MEDICAL SERVICES IN THE HOTELS

In case of any emergency, you should either call 112 or contact with reception to call an ambulance. In addition, the LOC doctor in charge of the medical service can be reached on +34 617 31 52 32.

10.3. MEDICAL CARE AT THE STADIUM

The Stadium medical service is responsible for any problems concerning the athletes' health. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention. The Stadium medical service is also responsible for first aid in the warming up area.

The medical point will be located in the Stadium (please see point 9 of the map from Appendix 3) and will be open during training and competition hours. There will also be one ambulance (first aid teams) in the infield, supervised by a doctor and marked with red crosses.

10.4. PHYSIOTHERAPY IN THE HOTELS

For those teams requiring physiotherapy services there will be – upon prior request at the Hotels' Information Desks and at the teams' cost - a physiotherapist available in the following schedule:

- 13 September: 20:00 – 22:00
- 14 September: 20:00 – 22:00
- 15 September: 20:00 – 22:00

Additionally, each team Hotel will have a dedicated room for physiotherapy – also upon prior request at the Information Desk - where team delegations may find and use massage beds provided by the LOC.



**European Champion Clubs Cup
Track & Field U20 Group A
Castellón de la Plana, Spain**



10.5. PHYSIOTHERAPY AT THE STADIUM

There are well equipped physiotherapy facilities in connection with the Medical Centre. The team physiotherapists and doctors may use the equipment in the physiotherapy rooms in co-operation with the medical staff.

In addition, a dedicated area will be reserved at the Warm-up Area for the teams' physiotherapist, where one LOC physiotherapist (in case of need), physiotherapy boxes, tables and ice machines will be available during both the training session and competition day (please see point 7 of the map from Appendix 3).

11. SECURITY

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC Information Desk.

If necessary, the police can be contacted through the LOC Information Desk at your Hotel.

For further information, please check point 5.7. above.

12. CEREMONIES

12.1. OPENING CEREMONY

The Opening Ceremony will take place on Saturday 15 September, commencing at 15:40.

No athletes will be involved. The Team Leaders will be invited to take part in the flags parade which will be followed by official speeches to end the Ceremony.

12.2. VICTORY CEREMONIES

The victory ceremonies for the winning teams Men and Women will take place at the Stadium on Saturday 15 September at 20:15. Athletes must wear the official team clothing for the ceremonies.

No flags and no team Officials shall be allowed on the podium during the victory ceremonies.

13. DEPARTURES

Teams will be asked to provide full travel details in the final entry system. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the Hotel, at least 24 hours before departure, especially if there are any changes to the preliminary confirmed details.

Departure times of the shuttle buses from the Hotel will be provided and displayed at the Hotel Information Desk.

All outstanding fees, charges and possible other expenses must be settled with the cashier. On the day of departure, the Team Liaison Officer checks the rooms together with the team leaders.

Poles will be put onto the team buses to return home / go to the airport.

14. CONTACT DETAILS

For further details about the European Champion Clubs Cup Track and Field U20, Group A, please contact:

14.1. EUROPEAN ATHLETICS OFFICE

Avenue Louis-Ruchonnet 16,
1003 Lausanne,
Switzerland
Tel: + 41 21 313 43 63
Fax: +41 21 313 53 51
eccc@european-athletics.org

14.2. LOC OFFICE

C.A. Playas de Castellon
Crta Ribesalbes 9
Pistas Atletismo Gaetà Huguet
12006 Castellon
Spain
www.atletismecastello.es
info@atletismecastello.es
Tel: +0034 639 864732
Office hours: 10:30 -13:30 and 16:30 – 19:30

15. APPENDICES

Appendix 1	Competition Timetable
Appendix 2	Official Implements List
Appendix 3	Map of the Stadium, Competition Facilities, Dressing and Physiotherapy Rooms and Workrooms
Appendix 4	Lane Draw and Starting Order
Appendix 5	Accreditation Zones
Appendix 6	Key Dates and General Programme

APPENDIX 1 – COMPETITION TIMETABLE

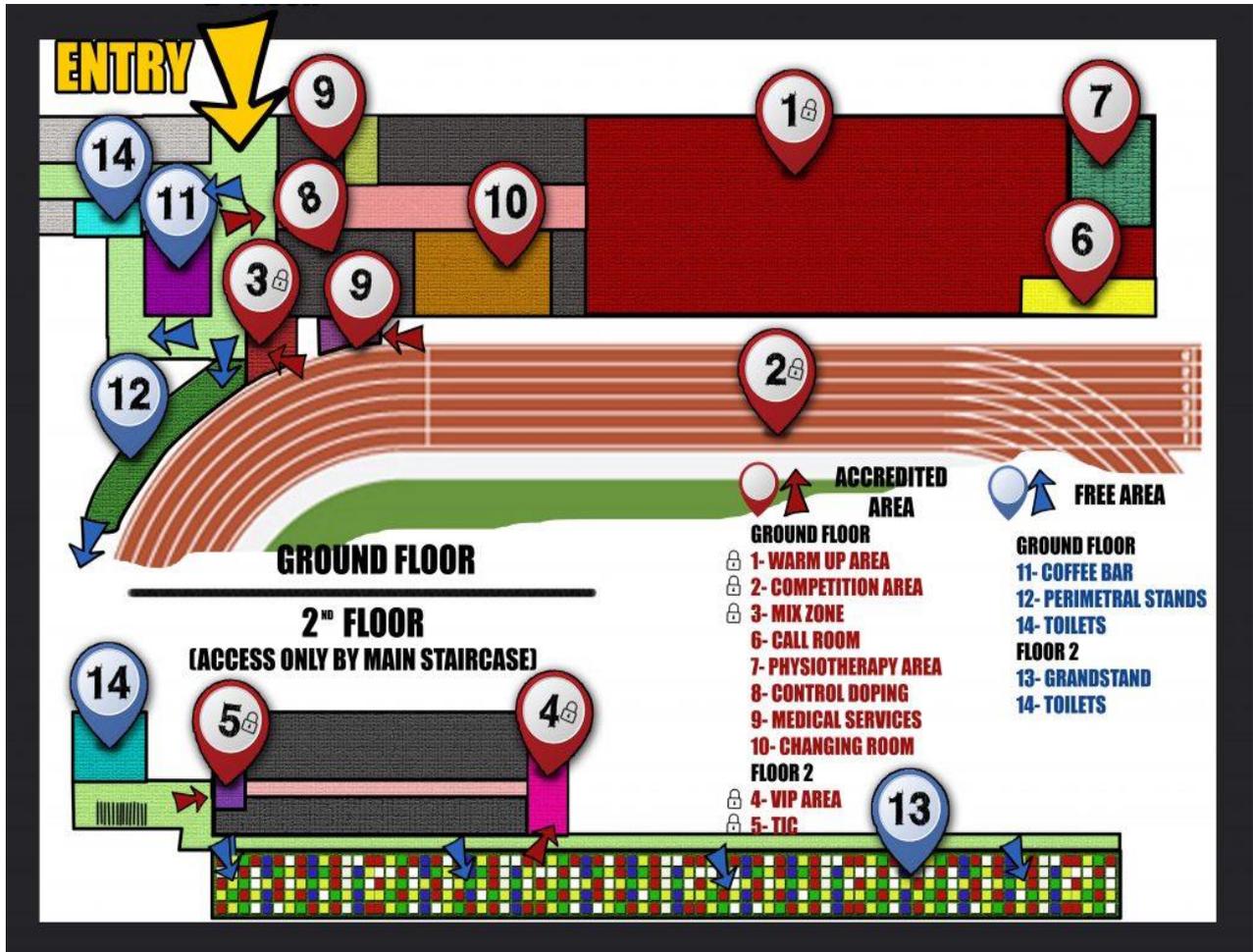
Event	Gender	Call Room			Competition Start
		Opening	Closing	Infield	
Hammer Throw	Men	13:15	13:25	13:30	14:00
Pole Vault	Men	13:40	13:50	13:55	14:45
High Jump	Women	14:00	14:10	14:15	14:55
Hammer Throw	Women	14:15	14:25	14:30	15:00
100 Metres Hurdles	Women	14:35	14:45	14:50	15:00
Triple Jump	Men	14:15	14:25	14:30	15:00
Shot Put	Men	14:20	14:30	14:35	15:05
110 Metres Hurdles	Men	14:50	15:00	15:05	15:15
100 Metres (B-race)	Women	15:00	15:10	15:15	15:25
100 Metres (B-race)	Men	15:10	15:20	15:25	15:35
OPENING CEREMONY					15:40
Discus Throw	Women	15:05	15:15	15:20	15:50
100 Metres	Women	15:45	15:55	16:00	16:10
100 Metres	Men	15:55	16:05	16:10	16:20
Triple Jump	Women	15:45	15:55	16:00	16:30
400 Metres	Women	16:05	16:15	16:20	16:30
400 Metres	Men	16:15	16:25	16:30	16:40
800 Metres	Women	16:25	16:35	16:40	16:50
Discus Throw	Men	16:10	16:20	16:25	16:55
800 Metres	Men	16:35	16:45	16:50	17:00
High Jump	Men	16:15	16:25	16:30	17:10
400 Metres Hurdles	Women	16:45	16:55	17:00	17:10
400 Metres Hurdles	Men	17:00	17:10	17:15	17:25
Pole Vault	Women	16:25	16:35	16:40	17:30
Long Jump	Men	16:50	17:00	17:05	17:35
1500 Metres	Women	17:10	17:20	17:25	17:35
1500 Metres	Men	17:20	17:30	17:35	17:45
Shot Put	Women	17:05	17:15	17:20	17:50
Javelin Throw	Women	17:10	17:20	17:25	17:55
200 Metres	Women	17:30	17:40	17:45	17:55
200 Metres	Men	17:40	17:50	17:55	18:05
2000 Metres Steeplechase	Women	17:50	18:00	18:05	18:15
2000 Metres Steeplechase	Men	18:05	18:15	18:20	18:30
Long Jump	Women	17:55	18:05	18:10	18:40
3000 Metres	Women	18:20	18:30	18:35	18:45
3000 Metres	Men	18:35	18:45	18:50	19:00
Javelin Throw	Men	18:15	18:25	18:30	19:00
4 x 100 Metres Relay	Women	18:50	19:00	19:05	19:15
4 x 100 Metres Relay	Men	19:00	19:10	19:15	19:25
4 x 400 Metres Relay	Women	19:10	19:20	19:25	19:35
4 x 400 Metres Relay	Men	19:20	19:30	19:35	19:45
VICTORY CEREMONIES					20:15

APPENDIX 2 – OFFICIAL IMPLEMENTS LIST

U20 MEN						
Catalogue No	Company Name	Country	Product Description	Colour	IAAF Cert. No	Quantity
SHOT 6KG						
PK-6/115	Polanik	POL	Shot 6kg, Turned steel, competition, dia: 115mm	Yellow	I-02-0262	2
PK-6/125	Polanik	POL	Shot 6kg, Competition, Turned steel, dia: 125mm	Blue	I-12-0585	2
HAMMER 6KG						
N1122CSA/N1125BN	Nelco	IND	Hammer 6kg, Olympic, steel, dia: 105mm	Blue	I-02-0261	1
PM-6/105/UP/UW-115	Polanik	POL	Hammer 6kg, Competition steel, dia: 105mm	Various	I-02-0265	3
DISCUS 1.75KG						
N1104AA	Nelco	IND	Discus 1.75kg, Lo Spin, steel rim, plastic sides	Red	I-02-0258	2
N1105GB	Nelco	IND	Discus 1.75kg, Gold, brass rim, plastic sides	White/Gold	I-02-0280	1
6130175	Nordic Sport	SWE	Discus 1.75kg, Viking, stainless steel rim, fibreglass sides	Red	I-02-0288	1
JAVELIN 800G						
7922800	Nordic Sport	SWE	Javelin 800g, Viking 800 flex 10.4, steel	Grey, Metal Alloy	I-04-0308	1
7916808c	Nordic Sport	SWE	Javelin 800g, Orbit Carbon flex 5.0, carbon, blue cord	White, Blue Spiral	I-99-0190	1
800CS90	Nemeth Javel-Inn	HUN	Javelin 800g, Classic 90m, aluminium, violet cord	Violet/Yellow/Green	I-99-0100	1
FC11-800	Polanik	POL	Javelin 800g, Premium line competition, full carbon	Silver	I-12-0587	1

U20 WOMEN						
Catalogue No	Company Name	Country	Product Description	Colour	IAAF Cert. No	Quantity
SHOT 4KG						
PK-4/100	Polanik	POL	Shot 4kg, Competition, steel, dia: 100mm	Yellow	I-99-0150	2
PK-4/100-S	Polanik	POL	Shot 4kg, Stainless steel, dia: 100mm	Silver	I-00-0195	2
HAMMER 4KG						
PM-4/95-S/UP/UW-130	Polanik	POL	Hammer 4kg, Stainless steel, dia: 95mm	Silver	I-00-0201	3
PM-4/95/UP/UW-130	Polanik	POL	Hammer 4kg, Competition, steel, dia: 95mm	Yellow	I-99-0156	1
DISCUS 1KG						
N1105GD	Nelco	IND	Discus 1kg, Gold, brass rim, plastic sides	White/Gold	I-99-0096	1
CCD-1	Polanik	POL	Discus 1kg, Carbon, brass rim, carbon sides	Blue	I-00-0192	2
6130100	Nordic Sport	SWE	Discus 1kg, Viking fibreglass, stainless steel rim	Red/Silver	I-12-0606	1
JAVELIN 600G						
7925600	Nordic Sport	SWE	Javelin 600g, Viking 600 flex 11.1 steel	Grey, Metal Alloy	I-04-0306	1
7917608c	Nordic Sport	SWE	Javelin 600g, Nordic Hera Carbon, Carbon, dark blue cord	White, Blue Spiral	I-16-0771	1
600CS80	Nemeth Javel-Inn	HUN	Javelin 600g, Classic 80m, aluminium, violet cord	Violet/Yellow/Green	I-99-0102	1
FC11-600	Polanik	POL	Javelin 600g, Premium line competition, full carbon	Silver	I-12-0586	1

APPENDIX 3 – MAP OF THE STADIUM, COMPETITION FACILITIES, DRESSING AND PHYSIOTHERAPY ROOMS AND WORKROOMS



APPENDIX 4 – LANE DRAW AND STARTING ORDER

U20 MEN

Selected Team	SLO AD Mass Ljubljana	NED PAC Rotterdam	TUR Enke	DEN Sparta AM	CZE ASK Slavia Praha	GBR Blackheath & Bromley Harriers AC	ESP Playas de Castellon	POR Sport Lisboa e Benfica
Event / Order	A	B	C	D	E	F	G	H
100/1500/HJ	1	2	3	4	5	6	7	8
200/PV	2	3	4	5	6	7	8	1
400/3000/LJ	3	4	5	6	7	8	1	2
800/2000sc/TJ	4	5	6	7	8	1	2	3
110H/SP	5	6	7	8	1	2	3	4
400H/DT	6	7	8	1	2	3	4	5
4X100/HT	7	8	1	2	3	4	5	6
4X400/JT	8	1	2	3	4	5	6	7

U20 WOMEN

Selected Team	DEN Sparta AM	CZE AK Olymp Brno	ESP Playas de Castellon	GBR Blackheath & Bromley Harriers AC	NED PAC Rotterdam	ITA ASD Bracco Atletica	TUR Fenerbahce Sport Club	FIN Tampereen Pyrintö
	A	B	C	D	E	F	G	H
100/3000/LJ	1	2	3	4	5	6	7	8
200/SP	2	3	4	5	6	7	8	1
400/DT	3	4	5	6	7	8	1	2
800/2000sc/JT	4	5	6	7	8	1	2	3
100H/1500/HT	5	6	7	8	1	2	3	4
4X100/PV	6	7	8	1	2	3	4	5
4X400/TJ	7	8	1	2	3	4	5	6
400H/HJ	8	1	2	3	4	5	6	7

APPENDIX 5 – ACCREDITATION ZONES

Access zones:

1. VIP Area
2. Competition Area (Call Room & Infield)
3. Teams and Warm-up Areas
4. Mixed Zone
5. Media Area
6. Event Management

Team Categories	1	2	3	4	5	6
Athlete		X	X	X		
Head of Delegation / Team Leader	X		X	X		
Team Official			X	X		
Coach			X			
EA	X	X	X	X	X	X
Competition Official		X	X			X
Volunteers (depending on the allocated task)	X	X	X	X	X	X
Medical Staff and Doping Chaperones	X	X	X	X	X	X
Media *				X	X	
Media (Photographer)		X		X	X	
Security	X	X	X	X	X	X
VIP	X					

* Limited to 2 passes per club to be collected at the TIC

All Media people shall comply with the Media Regulation published on the competition website:

https://drive.google.com/file/d/1JoGwpxG2qVo682fnZe7Ps8DEUSEX_us0/view

The Head of Delegation/Team Leader from each team is invited to the VIP Area and will be given the access number on the accreditation card (zone 1).

All team accreditation cards will allow access to the team seating area, warm up area, changing facilities and physiotherapy area (zone 3). Only athletes who are about to compete will have access to the Call Room and to the Infield (zone 2).

Separate cards will be distributed to the coaches (1 per competing athlete) for the coaching areas, namely the Hammer/Discus, Javelin, Shot Put, High Jump and Horizontal Jumps areas.

Separate cards will be issued to Team Leaders (1 per competing club), for access to the TIC

Separate cards will be issued to access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person. Passes will be collected once they enter the Doping Control Centre.

APPENDIX 6 – KEY DATES AND GENERAL PROGRAMME

Day	Time	Activity
Tuesday 21 August	14:00 CET	Provision of club team uniforms' photos
Wednesday 5 September	14:00 CET	Final Entries closing date
Thursday 13 September	All day	Arrivals and Accreditation
Friday 14 September	All day	Arrivals and Accreditation
	15:00 – 20:00	Training
	16:00	Final Confirmations (deadline)
	16:00	Questions for the Technical Meeting (deadline)
	21:00	Technical Meeting
Saturday 15 September	14:00 – 20:30	Competition Day
	15:40	Opening Ceremony
	20:15	Teams' Victory Ceremonies
Sunday 16 September	All day	Departure