

**Southland Conference Outdoor Championships**  
**Natchitoches (USA), 3. – 5. maj 2019**

Men 3000 Meter Steeplechase / 04.05.

NCAA: N 8:05.4h 5/13/1978 Henry Rono, Washington St  
 SLC Meet: M 8:46.65 1982 Frank Montebello, Lamar  
 Stadium: S 8:53.60 3/8/1980 Frank Montevallo, Lamar

Name	Year	School	Seed	Finals	Points
=====					
Finals					
1 #	28	Ryan Cleary	Abilene Christian	8:51.84	8:53.71 10
2 #	200	Matthew Arnold	Lamar	8:59.23	9:06.27 8
3 #	77	Jaron Hamilton	Central Arkansas	9:23.15	9:09.23 6
4 #	168	Adam Herrera	Incarnate Word	9:16.84	9:14.08 5
5 #	160	Garett Cortez	Incarnate Word	9:10.29	9:15.61 4
6 #	253	Brian Flanagan	McNeese	9:09.16	9:19.57 3
7 #	538	Erick Rotich	Stephen F. Austin	9:29.81	9:22.01 2
8 #	582	Marek Spriestersb	Texas A&M-CC	9:22.52	9:23.14 1
9 #	428	Sergio Armendariz	Sam Houston St.	9:31.72	9:24.62
10 #	251	Joey Croft	McNeese	9:20.32	9:29.47
11 #	298	Kolyn Saltzman	New Orleans	9:41.71	9:30.81
12 #	378	Yannik Gerland	Northwestern St.	9:26.39	9:35.16
13 #	39	Denis Lagat	Abilene Christian	9:22.95	9:43.45
14 #	169	Cash Kunkel	Incarnate Word	9:29.99	9:55.23
15 #	573	Oscar Leyva	Texas A&M-CC	9:46.41	9:57.14
16 #	541	Chris Shirk	Stephen F. Austin	9:50.35	9:59.82
17 #	73	Brock Collins	Central Arkansas	9:45.13	9:59.89
18 #	206	Nejc Ferle	Lamar		11:31.00

## Men 5000 Meter Run / 05.05.

NCAA: N 13:08.4h 4/8/1978 Henry Rono, Washington St  
 SLC Meet: M 14:05.80 2012 David Rooney, McNeese State  
 Stadium: S 14:19.98 3/15/1980 John Sharp, Okalhoma State

Name	Year	School	Seed	Finals	Points	
1		Jamie Crowe	Lamar	14:35.39	14:39.85	10
2		Jordan Rowe	Lamar	14:02.83	14:45.37	8
3		Matthew Arnold	Lamar		14:46.85	6
4		Miguel Barrera - Lopez	McNeese	14:39.07	14:57.26	5
5		Kyle Garcia	Lamar	14:49.91	14:59.19	4
6		Markus Schweikert	Central Arkansas	14:43.23	15:06.52	3
7		Jordan Leon	Sam Houston St.	14:52.99	15:13.29	2
8		Thomas Cain	Central Arkansas	14:55.62	15:20.00	1
9		Aaron Albert	New Orleans	14:47.98	15:21.48	
10		Deion Hardy	Incarinate Word		15:22.05	
11		Erick Rotich	Stephen F. Austin		15:26.34	
12		Adam Herrera	Incarinate Word		15:29.73	
13		Kolyn Saltzman	New Orleans		15:32.11	
14		Joey Croft	McNeese		15:35.05	
15		Isaac Vargas	Texas A&M-CC	14:56.32	15:35.08	
16		Jorge Quintero	Incarinate Word		15:42.39	
17		Chris Gonzalez	Incarinate Word	15:21.83	15:43.66	
18		Awet Beraki	Stephen F. Austin	15:09.24	15:43.85	
19		Marek Spriestersbach	Texas A&M-CC	15:26.30	15:47.04	
20		Stephen Aguilar	Houston Baptist	15:46.07	15:48.59	
21		Daniel Saina	McNeese	15:11.42	15:48.88	
22		Travis Nichols	Abilene Christian	15:48.33	15:51.77	
23		Aaron Gilliam	McNeese	14:55.13	15:54.60	
24		Jaron Hamilton	Central Arkansas	16:15.87	15:54.98	
25		Niall Holt	McNeese		15:56.10	
26		Julien Jeandree	Central Arkansas	14:46.47	15:56.59	
27		Zachary Barthel	Southeastern La.	15:58.51	15:56.70	
28		Garett Cortez	Incarinate Word	14:39.80	15:57.09	
29		Jonathan Hernandez	Nicholls		15:57.17	
30		Yannik Gerland	Northwestern St.		15:57.78	
31		Juan Salinas	Texas A&M-CC	15:31.57	16:03.25	
32		Seth Crockett	Abilene Christian		16:04.85	
33		Mark Golay	New Orleans	15:35.03	16:05.68	
34		Pedro Flores	Stephen F. Austin		16:06.64	
35		Nejc Ferle	Lamar		16:08.21	
36		Tyler Martin	Incarinate Word	15:08.32	16:09.59	
37		Darius Groves	Northwestern St.		16:10.96	
38		Brian Flanagan	McNeese		16:12.62	
39		Spencer Herbstritt	Incarinate Word	15:21.94	16:12.66	
40		Enoch Ramirez	Houston Baptist	15:21.13	16:19.09	
41		Tyler Granger	Nicholls		16:20.00	
42		Chandler Sullivan	New Orleans	15:39.27	16:20.76	
43		Lucas Marcello	New Orleans	16:12.02	16:26.27	
44		John Baker	Abilene Christian	15:55.36	16:32.57	
45		Conner Miller	Abilene Christian	15:44.14	16:40.78	
46		Ethan Suire	New Orleans		16:45.97	
47		Dustin Worley	Nicholls	16:29.86	16:50.62	
48		Chris Shirk	Stephen F. Austin		17:04.05	
--		Alex Hernandez	Sam Houston St.		DNF	
--		Liam Burthem	Lamar	14:30.74	DNF	
--		Sergio Armendariz	Sam Houston St.	15:17.95	DNF	
--		Aldo Nava	Incarinate Word	15:31.65	DNF	
--		Jack Gooch	Lamar		DNF	
--		Brock Collins	Central Arkansas		DNF	
--		Brandon Lantau	Lamar		DNF	
--		James Stockings	Lamar		DNF	
--		Parker McBride	Southeastern La.		DNF	
--		Harry Halford	Lamar	15:04.67	DNS	
--		Daniel Figueroa	Nicholls		DNS	
--		Denis Lagat	Abilene Christian		DNS	
--		Markus Kopp	McNeese	15:35.08	SCR	