

**MPSF Indoor Track & Field Championships  
Seattle (USA), 28. – 29. februar 2020**

Women 200 Meter Dash / 28.02.

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Heats Fast to Slow

Dempsey: ! 23.09 2/24/2017 Kendall Ellis, USC

MPSF Meet: M 23.09 2017 Kendall Ellis, USC

| Comp# | Name | Year Team | Finals | Points |
|-------|------|-----------|--------|--------|
|-------|------|-----------|--------|--------|

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Section 1

|          |                   |               |       |    |
|----------|-------------------|---------------|-------|----|
| 1 # 1337 | Anokye, Josephine | Arizona State | 23.76 | 10 |
| 2 # 1645 | White, Danyel     | Oregon        | 23.80 | 8  |
| 3 # 1622 | Brown, Iman       | Oregon        | 24.13 | 5  |

Section 2

|          |                  |            |       |   |
|----------|------------------|------------|-------|---|
| 1 # 1456 | Corrales-Nelson, | California | 23.90 | 6 |
| 2 # 1879 | Okoro, Chinyere  | Ucla       | 24.15 | 4 |
| 3 # 1396 | Nealis, Hannah   | Byu        | 24.54 |   |

Section 3

|          |                 |        |       |   |
|----------|-----------------|--------|-------|---|
| 1 # 2075 | Reed, Jasmin    | Oregon | 24.22 | 3 |
| 2 # 1925 | Okonkwo, Chioma | Usc    | 24.55 |   |
| 3 # 1387 | Gardner, Jaslyn | Byu    | 24.87 |   |

Section 4

|          |                   |               |       |   |
|----------|-------------------|---------------|-------|---|
| 1 # 1470 | Williams, Kennedy | California    | 24.42 | 2 |
| 2 # 1868 | Doane, Maddy      | Ucla          | 24.44 | 1 |
| 3 # 1339 | Bailey, Anaya     | Arizona State | 24.97 |   |

Section 5

|           |                 |              |       |         |
|-----------|-----------------|--------------|-------|---------|
| 1 # 1451  | Abba, Ezinne    | California   | 24.62 |         |
| 2 # 1840  | Jackson, Kenady | UC Riverside | 24.88 |         |
| -- # 1835 | Cook, Maya      | UC Riverside | DQ    | Ran out |

of lane

Section 6

|          |                 |                |       |  |
|----------|-----------------|----------------|-------|--|
| 1 # 1801 | Carter, Kirsten | UC Davis       | 24.96 |  |
| 2 # 1390 | Jensen, Brinn   | Byu            | 25.31 |  |
| 3 # 1584 | Golden, Madison | Long Beach St. | 25.41 |  |

Section 7

|          |                   |                |       |  |
|----------|-------------------|----------------|-------|--|
| 1 # 2034 | Nijjar, Jasneet   | Washington St. | 25.11 |  |
| 2 # 1398 | Quackenbush, Elli | Byu            | 25.52 |  |
| 3 # 1804 | Daye, Chelsea     | UC Davis       | 25.59 |  |

Section 8

|           |                   |                |       |  |
|-----------|-------------------|----------------|-------|--|
| 1 # 1457  | East, Sara        | California     | 24.96 |  |
| 2 # 1301  | Foreman, Anna     | Arizona        | 25.05 |  |
| -- # 2044 | Unruh-Thomas, Eli | Washington St. | DNF   |  |

Section 9

|          |                  |              |       |  |
|----------|------------------|--------------|-------|--|
| 1 # 1678 | Miller, Lauren   | Oregon State | 25.15 |  |
| 2 # 1803 | Davis, Kierra    | UC Davis     | 25.35 |  |
| 3 # 1967 | O'banion, Lauren | Utah         | 25.41 |  |

Section 10

|          |                 |            |       |  |
|----------|-----------------|------------|-------|--|
| 1 # 1467 | Stevens, Maisie | California | 24.94 |  |
| 2 # 1315 | Rhett, Morgan   | Arizona    | 25.34 |  |
| 3 # 1384 | Ford, Lauryn    | Byu        | 25.40 |  |

|            |                                |                      |              |
|------------|--------------------------------|----------------------|--------------|
| Section 11 |                                |                      |              |
| 1 #        | 1927 Payne, Kenya              | Usc                  | 25.39        |
| 2 #        | 1437 Edmond, Amir'a            | Cal St. Fullerton    | 25.71        |
| 3 #        | 1701 Murphy-Cook, Maya         | Portland             | 25.83        |
| Section 12 |                                |                      |              |
| 1 #        | 1587 Griffin, LeNaya           | Long Beach St.       | 25.12        |
| 2 #        | 1592 Peterson, Naomi           | Long Beach St.       | 25.26        |
| 3 #        | 1812 Oliveira, Flora           | UC Davis             | 26.29        |
| Section 13 |                                |                      |              |
| 1 #        | 1447 Murdica, Hailey           | Cal St. Fullerton    | 25.42        |
| 2 #        | 1380 Critchfield, Nico         | Byu                  | 25.53        |
| 3 #        | 1839 Harris, Delaney           | UC Riverside         | 25.81        |
| Section 14 |                                |                      |              |
| 1 #        | 1732 Anwar, Rayne              | San Francisco        | 25.67        |
| 2 #        | 1314 Reinholz, Grace           | Arizona              | 25.84        |
| 3 #        | 1738 How, Evelyn               | San Francisco        | 25.86        |
| Section 15 |                                |                      |              |
| 1 #        | 1462 Noble, Adaeze             | California           | 25.68        |
| 2 #        | 1563 Eagle, Jessica            | Hawaii               | 26.11        |
| 3 #        | 1816 Williams, Xjaedah         | UC Davis             | 26.52        |
| Section 16 |                                |                      |              |
| 1 #        | 1696 Fuiten, Tara              | Portland             | 25.95        |
| 2 #        | 1295 Akpede, Crystal           | Arizona              | 26.26        |
| 3 #        | <b>1743 Praprotnik, Julija</b> | <b>San Francisco</b> | <b>26.67</b> |
| Section 17 |                                |                      |              |
| 1 #        | 1575 Sydnor, Tierra            | Hawaii               | 26.19        |
| 2 #        | 1841 Johnson, Alonna           | UC Riverside         | 26.29        |
| 3 #        | 1796 Adolphus, Mikaela         | UC Davis             | 26.78        |
| Section 18 |                                |                      |              |
| 1 #        | 1529 Alexander, Ariann         | Csun                 | 25.80        |
| 2 #        | 1577 Warrington, Amy           | Hawaii               | 26.42        |
| 3 #        | 1735 Bonney, Marli             | San Francisco        | 26.87        |
| Section 19 |                                |                      |              |
| 1 #        | 1843 Lawson-Freeman, C         | UC Riverside         | 26.38        |
| 2 #        | 1561 Currence, Natasha         | Hawaii               | 26.57        |
| 3 #        | 1740 Marske, Sarah             | San Francisco        | 26.61        |

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Heats Fast to Slow

Dempsey: ! 23.09 2/24/2017 Kendall Ellis, USC

MPSF Meet: M 23.09 2017 Kendall Ellis, USC

Comp# Name Year Team Finals H# Points

=====  
Finals

|      |                        |               |       |   |    |
|------|------------------------|---------------|-------|---|----|
| 1 #  | 1337 Anokye, Josephine | Arizona State | 23.76 | 1 | 10 |
| 2 #  | 1645 White, Danyel     | Oregon        | 23.80 | 1 | 8  |
| 3 #  | 1456 Corrales-Nelson,  | California    | 23.90 | 2 | 6  |
| 4 #  | 1622 Brown, Iman       | Oregon        | 24.13 | 1 | 5  |
| 5 #  | 1879 Okoro, Chinyere   | Ucla          | 24.15 | 2 | 4  |
| 6 #  | 2075 Reed, Jasmin      | Oregon        | 24.22 | 3 | 3  |
| 7 #  | 1470 Williams, Kennedy | California    | 24.42 | 4 | 2  |
| 8 #  | 1868 Doane, Maddy      | Ucla          | 24.44 | 4 | 1  |
| 9 #  | 1396 Nealis, Hannah    | Byu           | 24.54 | 2 |    |
| 10 # | 1925 Okonkwo, Chioma   | Usc           | 24.55 | 3 |    |
| 11 # | 1451 Abba, Ezinne      | California    | 24.62 | 5 |    |
| 12 # | 1387 Gardner, Jaslyn   | Byu           | 24.87 | 3 |    |

|                  |                           |                      |              |           |
|------------------|---------------------------|----------------------|--------------|-----------|
| 13 # 1840        | Jackson, Kenady           | UC Riverside         | 24.88        | 5         |
| 14 # 1467        | Stevens, Maisie           | California           | 24.94        | 10        |
| 15 # 1457        | East, Sara                | California           | 24.96        | 8         |
| 16 # 1801        | Carter, Kirsten           | UC Davis             | 24.96        | 6         |
| 17 # 1339        | Bailey, Anaya             | Arizona State        | 24.97        | 4         |
| 18 # 1301        | Foreman, Anna             | Arizona              | 25.05        | 8         |
| 19 # 2034        | Nijjar, Jasneet           | Washington St.       | 25.11        | 7         |
| 20 # 1587        | Griffin, LeNaya           | Long Beach St.       | 25.12        | 12        |
| 21 # 1678        | Miller, Lauren            | Oregon State         | 25.15        | 9         |
| 22 # 1592        | Peterson, Naomi           | Long Beach St.       | 25.26        | 12        |
| 23 # 1390        | Jensen, Brinn             | Byu                  | 25.31        | 6         |
| 24 # 1315        | Rhett, Morgan             | Arizona              | 25.34        | 10        |
| 25 # 1803        | Davis, Kierra             | UC Davis             | 25.35        | 9         |
| 26 # 1927        | Payne, Kenya              | Usc                  | 25.39        | 11        |
| 27 # 1384        | Ford, Lauryn              | Byu                  | 25.40        | 10        |
| 28 # 1967        | O'banion, Lauren          | Utah                 | 25.41        | 9         |
| 29 # 1584        | Golden, Madison           | Long Beach St.       | 25.41        | 6         |
| 30 # 1447        | Murdica, Hailey           | Cal St. Fullerton    | 25.42        | 13        |
| 31 # 1398        | Quackenbush, Elli         | Byu                  | 25.52        | 7         |
| 32 # 1380        | Critchfield, Nico         | Byu                  | 25.53        | 13        |
| 33 # 1804        | Daye, Chelsea             | UC Davis             | 25.59        | 7         |
| 34 # 1732        | Anwar, Rayne              | San Francisco        | 25.67        | 14        |
| 35 # 1462        | Noble, Adaeze             | California           | 25.68        | 15        |
| 36 # 1437        | Edmond, Amir'a            | Cal St. Fullerton    | 25.71        | 11        |
| 37 # 1529        | Alexander, Ariann         | Csun                 | 25.80        | 18        |
| 38 # 1839        | Harris, Delaney           | UC Riverside         | 25.81        | 13        |
| 39 # 1701        | Murphy-Cook, Maya         | Portland             | 25.83        | 11        |
| 40 # 1314        | Reinholz, Grace           | Arizona              | 25.84        | 14        |
| 41 # 1738        | How, Evelyn               | San Francisco        | 25.86        | 14        |
| 42 # 1696        | Fuiten, Tara              | Portland             | 25.95        | 16        |
| 43 # 1563        | Eagle, Jessica            | Hawaii               | 26.11        | 15        |
| 44 # 1575        | Sydnor, Tierra            | Hawaii               | 26.19        | 17        |
| 45 # 1295        | Akpede, Crystal           | Arizona              | 26.26        | 16        |
| 46 # 1812        | Oliveira, Flora           | UC Davis             | 26.29        | 12        |
| 47 # 1841        | Johnson, Alonna           | UC Riverside         | 26.29        | 17        |
| 48 # 1843        | Lawson-Freeman, C         | UC Riverside         | 26.38        | 19        |
| 49 # 1577        | Warrington, Amy           | Hawaii               | 26.42        | 18        |
| 50 # 1816        | Williams, Xjaedah         | UC Davis             | 26.52        | 15        |
| 51 # 1561        | Currence, Natasha         | Hawaii               | 26.57        | 19        |
| 52 # 1740        | Marske, Sarah             | San Francisco        | 26.61        | 19        |
| <b>53 # 1743</b> | <b>Praprotnik, Julija</b> | <b>San Francisco</b> | <b>26.67</b> | <b>16</b> |
| 54 # 1796        | Adolphus, Mikaela         | UC Davis             | 26.78        | 17        |
| 55 # 1735        | Bonney, Marli             | San Francisco        | 26.87        | 18        |
| -- # 2044        | Unruh-Thomas, Eli         | Washington St.       | DNF          | 8         |
| -- # 1835        | Cook, Maya                | UC Riverside         | DQ           | 5         |

Ran out of lane

Women 400 Meter Dash / 29.02.

Heats Fast to Slow

Dempsey: ! 52.03 2/23/2013 Phyllis Francis, Oregon

MPSF Meet: M 52.03 2013 Phyllis Francis, Oregon

Comp# Name Year Team Finals Points

Section 1

|          |                 |          |        |    |
|----------|-----------------|----------|--------|----|
| 1 # 1922 | Lear, Bailey    | Usc      | 51.60! | 10 |
| 2 # 1928 | Roberts, Kaelin | Usc      | 52.06  | 8  |
| 3 # 1749 | Best, Ashlan    | Stanford | 52.64  | 6  |
| 4 # 1644 | Waller, Hannah  | Oregon   | 53.16  | 5  |

Section 2

|          |                   |                |       |   |
|----------|-------------------|----------------|-------|---|
| 1 # 1304 | King, Sarahvaughn | Arizona        | 53.93 | 4 |
| 2 # 2023 | Cho, Stephanie    | Washington St. | 54.16 | 2 |
| 3 # 1308 | Meisberger, Shann | Arizona        | 54.26 | 1 |

Section 3

|          |                |          |       |   |
|----------|----------------|----------|-------|---|
| 1 # 1498 | Glynn, Abbey   | Colorado | 54.01 | 3 |
| 2 # 1301 | Foreman, Anna  | Arizona  | 55.16 |   |
| 3 # 1964 | Martin, Jackie | Utah     | 55.56 |   |

Section 4

|          |                 |            |       |  |
|----------|-----------------|------------|-------|--|
| 1 # 1825 | Meaders, Zani   | UC Irvine  | 54.81 |  |
| 2 # 1925 | Okonkwo, Chioma | Usc        | 55.18 |  |
| 3 # 1973 | Apostol, Imani  | Washington | 55.48 |  |
| 4 # 1868 | Doane, Maddy    | Ucla       | 55.64 |  |

Section 5

|          |                   |            |       |  |
|----------|-------------------|------------|-------|--|
| 1 # 1991 | Ribera, Olivia    | Washington | 55.12 |  |
| 2 # 1381 | Ellsworth, Alena  | Byu        | 55.59 |  |
| 3 # 1390 | Jensen, Brinn     | Byu        | 56.08 |  |
| 4 # 1398 | Quackenbush, Elli | Byu        | 58.13 |  |

Section 6

|          |                   |                |       |  |
|----------|-------------------|----------------|-------|--|
| 1 # 1841 | Johnson, Alonna   | UC Riverside   | 56.15 |  |
| 2 # 1399 | Rawlinson, Lauren | Byu            | 56.45 |  |
| 3 # 2025 | Fletcher, Mackenz | Washington St. | 57.04 |  |
| 4 # 1314 | Reinholz, Grace   | Arizona        | 57.27 |  |

Section 7

|          |                  |      |       |  |
|----------|------------------|------|-------|--|
| 1 # 1927 | Payne, Kenya     | Usc  | 56.29 |  |
| 2 # 1958 | Fuller, Oneillia | Utah | 56.36 |  |
| 3 # 1874 | Johnson, Kyrach  | Ucla | 57.31 |  |

Section 8

|          |                   |                   |         |  |
|----------|-------------------|-------------------|---------|--|
| 1 # 1821 | Flanagan, Sha'May | UC Irvine         | 56.40   |  |
| 2 # 1682 | Olinski, Tarisa   | Oregon State      | 56.70   |  |
| 3 # 1439 | Franco, Mia       | Cal St. Fullerton | 57.04   |  |
| 4 # 1801 | Carter, Kirsten   | UC Davis          | 1:04.80 |  |

Section 9

|          |                 |               |       |  |
|----------|-----------------|---------------|-------|--|
| 1 # 1972 | York, Jasie     | Utah          | 57.37 |  |
| 2 # 1696 | Fuiten, Tara    | Portland      | 57.43 |  |
| 3 # 1736 | Cardenas, Faith | San Francisco | 58.36 |  |
| 4 # 1295 | Akpede, Crystal | Arizona       | 58.38 |  |

Section 10

|          |                  |                   |       |  |
|----------|------------------|-------------------|-------|--|
| 1 # 1462 | Noble, Adaeze    | California        | 56.96 |  |
| 2 # 1596 | Tolento, Natalie | Long Beach St.    | 57.51 |  |
| 3 # 1448 | Occiano, Maya    | Cal St. Fullerton | 58.04 |  |
| 4 # 1754 | Gillett, Mary    | Stanford          | 58.26 |  |

Section 11

|                            |                   |         |
|----------------------------|-------------------|---------|
| 1 # 1471 Williams, Schante | California        | 57.45   |
| 2 # 1432 Allian, Deja      | Cal St. Fullerton | 57.88   |
| 3 # 1435 Clay, Kiana       | Cal St. Fullerton | 1:00.31 |
| 4 # 1737 Gibson, Willa     | San Francisco     | 1:00.74 |

Section 12

|                                    |                      |                |
|------------------------------------|----------------------|----------------|
| 1 # 1587 Griffin, LeNaya           | Long Beach St.       | 56.23          |
| 2 # 1446 Moku, Madison             | Cal St. Fullerton    | 59.35          |
| 3 # <b>1743 Praprotnik, Julija</b> | <b>San Francisco</b> | <b>1:00.18</b> |
| 4 # 1686 Songster, Nyah            | Oregon State         | 1:00.49        |

Section 13

|                            |                |         |
|----------------------------|----------------|---------|
| 1 # 1591 Peters, Quwshayah | Long Beach St. | 57.91   |
| 2 # 1826 Montanez, Cecily  | UC Irvine      | 59.46   |
| 3 # 1561 Currence, Natasha | Hawaii         | 59.65   |
| 4 # 1796 Adolphus, Mikaela | UC Davis       | 1:03.09 |

Section 14

|                            |                   |         |
|----------------------------|-------------------|---------|
| 1 # 1580 Danskin, Hailey   | Long Beach St.    | 59.48   |
| 2 # 1309 Montgomery, Athen | Arizona           | 59.99   |
| 3 # 1433 Best, Karyn       | Cal St. Fullerton | 1:00.46 |
| 4 # 1697 Gill, Avery       | Portland          | 1:02.96 |

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Heats Fast to Slow

Dempsey: ! 52.03 2/23/2013 Phyllis Francis, Oregon  
MPSF Meet: M 52.03 2013 Phyllis Francis, Oregon

| Comp# | Name | Year | Team | Finals | H# | Points |
|-------|------|------|------|--------|----|--------|
|-------|------|------|------|--------|----|--------|

=====  
Finals

|                             |                   |        |    |    |
|-----------------------------|-------------------|--------|----|----|
| 1 # 1922 Lear, Bailey       | Usc               | 51.60! | 1  | 10 |
| 2 # 1928 Roberts, Kaelin    | Usc               | 52.06  | 1  | 8  |
| 3 # 1749 Best, Ashlan       | Stanford          | 52.64  | 1  | 6  |
| 4 # 1644 Waller, Hannah     | Oregon            | 53.16  | 1  | 5  |
| 5 # 1304 King, Sarahvaughn  | Arizona           | 53.93  | 2  | 4  |
| 6 # 1498 Glynn, Abbey       | Colorado          | 54.01  | 3  | 3  |
| 7 # 2023 Cho, Stephanie     | Washington St.    | 54.16  | 2  | 2  |
| 8 # 1308 Meisberger, Shann  | Arizona           | 54.26  | 2  | 1  |
| 9 # 1825 Meaders, Zani      | UC Irvine         | 54.81  | 4  |    |
| 10 # 1991 Ribera, Olivia    | Washington        | 55.12  | 5  |    |
| 11 # 1301 Foreman, Anna     | Arizona           | 55.16  | 3  |    |
| 12 # 1925 Okonkwo, Chioma   | Usc               | 55.18  | 4  |    |
| 13 # 1973 Apostol, Imani    | Washington        | 55.48  | 4  |    |
| 14 # 1964 Martin, Jackie    | Utah              | 55.56  | 3  |    |
| 15 # 1381 Ellsworth, Alena  | Byu               | 55.59  | 5  |    |
| 16 # 1868 Doane, Maddy      | Ucla              | 55.64  | 4  |    |
| 17 # 1390 Jensen, Brinn     | Byu               | 56.08  | 5  |    |
| 18 # 1841 Johnson, Alonna   | UC Riverside      | 56.15  | 6  |    |
| 19 # 1587 Griffin, LeNaya   | Long Beach St.    | 56.23  | 12 |    |
| 20 # 1927 Payne, Kenya      | Usc               | 56.29  | 7  |    |
| 21 # 1958 Fuller, Oneillia  | Utah              | 56.36  | 7  |    |
| 22 # 1821 Flanagan, Sha'May | UC Irvine         | 56.40  | 8  |    |
| 23 # 1399 Rawlinson, Lauren | Byu               | 56.45  | 6  |    |
| 24 # 1682 Olinski, Tarisa   | Oregon State      | 56.70  | 8  |    |
| 25 # 1462 Noble, Adaeze     | California        | 56.96  | 10 |    |
| 26 # 1439 Franco, Mia       | Cal St. Fullerton | 57.04  | 8  |    |
| 27 # 2025 Fletcher, Mackenz | Washington St.    | 57.04  | 6  |    |
| 28 # 1314 Reinholz, Grace   | Arizona           | 57.27  | 6  |    |
| 29 # 1874 Johnson, Kyrach   | Ucla              | 57.31  | 7  |    |

|                  |                           |                      |                |           |
|------------------|---------------------------|----------------------|----------------|-----------|
| 30 # 1972        | York, Jasie               | Utah                 | 57.37          | 9         |
| 31 # 1696        | Fuiten, Tara              | Portland             | 57.43          | 9         |
| 32 # 1471        | Williams, Schante         | California           | 57.45          | 11        |
| 33 # 1596        | Tolento, Natalie          | Long Beach St.       | 57.51          | 10        |
| 34 # 1432        | Allian, Deja              | Cal St. Fullerton    | 57.88          | 11        |
| 35 # 1591        | Peters, Quwshayah         | Long Beach St.       | 57.91          | 13        |
| 36 # 1448        | Occiano, Maya             | Cal St. Fullerton    | 58.04          | 10        |
| 37 # 1398        | Quackenbush, Elli         | Byu                  | 58.13          | 5         |
| 38 # 1754        | Gillett, Mary             | Stanford             | 58.26          | 10        |
| 39 # 1736        | Cardenas, Faith           | San Francisco        | 58.36          | 9         |
| 40 # 1295        | Akpede, Crystal           | Arizona              | 58.38          | 9         |
| 41 # 1446        | Moku, Madison             | Cal St. Fullerton    | 59.35          | 12        |
| 42 # 1826        | Montanez, Cecily          | UC Irvine            | 59.46          | 13        |
| 43 # 1580        | Danskin, Hailey           | Long Beach St.       | 59.48          | 14        |
| 44 # 1561        | Currence, Natasha         | Hawaii               | 59.65          | 13        |
| 45 # 1309        | Montgomery, Athen         | Arizona              | 59.99          | 14        |
| <b>46 # 1743</b> | <b>Praprotnik, Julija</b> | <b>San Francisco</b> | <b>1:00.18</b> | <b>12</b> |
| 47 # 1435        | Clay, Kiana               | Cal St. Fullerton    | 1:00.31        | 11        |
| 48 # 1433        | Best, Karyn               | Cal St. Fullerton    | 1:00.46        | 14        |
| 49 # 1686        | Songster, Nyah            | Oregon State         | 1:00.49        | 12        |
| 50 # 1737        | Gibson, Willa             | San Francisco        | 1:00.74        | 11        |
| 51 # 1697        | Gill, Avery               | Portland             | 1:02.96        | 14        |
| 52 # 1796        | Adolphus, Mikaela         | UC Davis             | 1:03.09        | 13        |
| 53 # 1801        | Carter, Kirsten           | UC Davis             | 1:04.80        | 8         |