

European U23 Championships – Timetable

Tallinn – 8-11 July



DAY 1 - Thursday, Morning, July 8

10:00	Discus Throw	W	Q A
10:05	400m	W	R1
10:20	High Jump	W	Q A+B
10:35	Shot Put	M	Q A+B
10:45	400m	M	R1
11:10	Discus Throw	W	Q B
11:30	100m H Hep	W	
12:00	100m	M	R1
12:30	Pole Vault	M	Q A+B
12:35	Hammer Throw	M	Q A
12:40	100m	W	R1
12:50	High Jump Hep	W	A+B
13:20	400m H	M	R1
13:45	Hammer Throw	M	Q B
14:00	400m H	W	R1

DAY 1 - Thursday, Evening, July 8

16:25	Discus Throw	M	Q A
17:35	Discus Throw	M	Q B
17:00	3000m SC	W	R1
17:10	Triple Jump	W	Q A+B
17:45	1500m	M	R1
18:15	800m	W	R1
18:20	Shot Put Hep	W	A+B
18:50	10,000m	M	Final
19:00	Hammer Throw	W	Q A
19:05	Long Jump	M	Q A+B
19:35	Shot Put	M	Final
19:40	200m Hep	W	
20:10	Hammer Throw	W	Q B
20:15	100m	W	SF
20:40	100m	M	SF
20:55	10,000m	M	VC
21:00	Shot Put	M	VC

DAY 2 - Friday, Morning, July 9

09:30	Javelin Throw	M	Q A
10:05	100m H	W	R1
10:35	Pole Vault	W	Q A+B
10:40	Javelin Throw	M	Q B
10:45	110m H	M	R1
11:25	1500m	W	R1
11:55	800m	M	R1
12:00	Javelin Throw	W	Q A
12:35	200m	M	R1
12:55	Long Jump Hep	W	A+B
13:10	200m	W	R1
13:15	Javelin Throw	W	Q B

DAY 2 - Friday, Evening, July 9

15:00	Javelin Throw Hep	W	A
15:50	3000m SC	M	R1
16:15	Javelin Throw Hep	W	B
16:20	Triple Jump	W	Final
16:30	20km Race Walk	M	Final
16:35	400m H	M	SF
17:00	400m H	W	SF
17:20	High Jump	M	Q A+B
17:25	10,000m	W	Final
17:45	Hammer Throw	M	Final
18:15	800m Hep	W	Final
18:20	Flower ceremony RW	M	
18:25	Long Jump	M	Final
18:40	Triple Jump	W	VC
18:50	20km Race Walk	W	Final
18:55	100m H	W	SF
19:15	110m H	M	SF
19:26	10,000m	W	VC
19:35	Discus Throw	W	Final
19:45	400m	W	SF
20:00	Heptathlon	W	VC
20:10	400m	M	SF
20:30	100m	W	Final
20:47	100m	M	Final
20:50	Flower ceremony RW	W	
20:55	Hammer Throw	M	VC
21:00	Long Jump	M	VC

DAY 3 - Saturday, Morning, Jul 10

10:00	100m Dec	M	
10:05	Long Jump	W	Q A+B
10:55	Shot Put	W	Q A+B
11:10	20km Race Walk	W	VC
11:15	20km Race Walk	M	VC
11:35	Long Jump Dec	M	A+B
12:00	Discus Throw	W	VC
12:20	200m	W	SF
12:40	200m	M	SF
12:55	Triple Jump	M	Q A+B
13:00	Shot Put Dec	M	A+B
13:20	100m	W	VC
13:25	100m	M	VC

DAY 3 - Saturday, Evening, July 10

16:00	High Jump Dec	M	A+B
16:05	Shot Put	W	Final
16:15	400m H	M	Final
16:30	400m H	W	Final
16:45	3000m SC	W	Final
17:10	400m H	M	VC
17:15	400m H	W	VC
17:30	1500m	M	Final
17:37	3000m SC	W	VC
17:45	Hammer Throw	W	Final
17:55	100m H	W	Final
18:00	Shot Put	W	VC
18:10	110m H	M	Final
18:20	Pole Vault	M	Final
18:30	400m	W	Final
18:35	1500m	M	VC
18:45	High Jump	W	Final
18:55	400m	M	Final
19:00	100m H	W	VC
19:15	800m	W	Final
19:25	110m H	M	VC
19:35	400m Dec	M	
19:55	Hammer Throw	W	VC
20:05	5000m	M	Final
20:25	400m	W	VC
20:35	200m	W	Final
20:40	400m	M	VC
20:50	200m	M	Final
19:40	Discus Throw	M	Final
21:00	800m	W	VC
21:05	Pole Vault	M	VC
21:10	5000m	M	VC

DAY 4 - Sunday, Morning, July 11

09:40	110m H Dec	M	
10:05	Discus Throw	M	VC
10:10	High Jump	W	VC
10:30	Discus Throw Dec	M	A
10:40	4 x 400m Relay	W	R1
11:00	Triple Jump	M	Final
11:10	4 x 400m Relay	M	R1
11:30	Discus Throw Dec	M	B
12:00	4 x 100m Relay	W	R1
12:25	4 x 100m Relay	M	R1
12:40	Pole Vault Dec	M	A+B
12:50	Javelin Throw	W	Final
13:00	Triple Jump	M	VC
13:30	200m	W	VC
13:35	200m	M	VC

DAY 4 - Sunday, Evening, July 11

15:50	Javelin Throw	W	VC
16:00	Javelin Throw Dec	M	A
16:20	Long Jump	W	Final
16:30	Pole Vault	W	Final
16:45	3000m SC	M	Final
17:00	Javelin Throw Dec	M	B
17:15	1500m	W	Final
17:30	800m	M	Final
17:40	High Jump	M	Final
17:45	3000m SC	M	VC
17:55	5000m	W	Final
18:15	1500m	W	VC
18:20	800m	M	VC
18:30	4 x 100m Relay	W	Final
18:40	Javelin Throw	M	Final
18:45	4 x 100m Relay	M	Final
18:50	Long Jump	W	VC
19:00	1500m Dec	M	Final
19:20	5000m	W	VC
19:35	4 x 400m Relay	W	Final
19:42	Pole Vault	W	VC
19:50	4 x 400m Relay	M	Final
20:00	Decathlon	M	VC
20:05	High Jump	M	VC
20:10	Javelin Throw	M	VC
20:15	4 x 100m Relay	W	VC
20:20	4 x 100m Relay	M	VC
20:25	4 x 400m Relay	W	VC
20:30	4 x 400m Relay	M	VC