

**Timetable** (as of 31.12.2021)

Saturday, 12 March 2022				
Time	Event	Gender	Category	Venue
09:30	Hammer	M	Senior-B	NTC
09:30	Discus	M	U23	MS
11:20	Discus	M	Senior-B	MS
11:30	Discus	M	U23 Victory Ceremony	NTC
11:50	Shot Put	W	U23-A	NTC
11:50	Shot Put	W	U23-B	NTC
12:25	Hammer	M	Senior-A	NTC
13:10	Shot Put	W	U23 Victory Ceremony	NTC
13:50	Javelin	W	Senior-B	MS
15:10	Hammer	M	Senior Victory Ceremony	NTC
15:25	Discus	M	Senior-A	NTC
15:55	Javelin	W	Senior-A	MS
16:40	Shot Put	W	Senior-A	NTC
16:40	Shot Put	W	Senior-B	NTC
17:45	Discus	M	Senior Victory Ceremony	NTC
17:50	Hammer	M	U23-A	NTC
18:05	Javelin	W	Senior Victory Ceremony	NTC
18:10	Shot Put	W	Senior Victory Ceremony	NTC
18:10	Javelin	W	U23	MS
19:25	Hammer	M	U23-B	NTC
20:35	Hammer	M	U23 Victory Ceremony	NTC
20:40	Javelin	W	U23 Victory Ceremony	NTC

Sunday, 13 March 2022				
Time	Event	Gender	Category	Venue
09:30	Hammer	W	Senior-B	NTC
09:30	Javelin	M	Senior-B	MS
11:30	Shot Put	M	U23-A	NTC
11:30	Shot Put	M	U23-B	NTC
11:50	Javelin	M	U23	MS
12:10	Hammer	W	Senior-A	NTC
12:40	Shot Put	M	U23 Victory Ceremony	NTC
13:50	Javelin	M	Senior-A	MS
14:00	Javelin	M	U23 Victory Ceremony	NTC
14:40	Hammer	W	Senior Victory Ceremony	NTC
15:05	Discus	W	Senior-A	NTC
16:10	Javelin	M	Senior Victory Ceremony	NTC
16:15	Discus	W	Senior-B	MS
16:30	Shot Put	M	Senior-A	NTC
16:30	Shot Put	M	Senior-B	NTC
17:05	Hammer	W	U23-A	NTC
18:15	Discus	W	U23	MS
18:20	Discus	W	Senior Victory Ceremony	NTC
18:25	Shot Put	M	Senior Victory Ceremony	NTC
18:50	Hammer	W	U23-B	NTC
20:10	Hammer	W	U23 Victory Ceremony	NTC
20:15	Discus	W	U23 Victory Ceremony	NTC

National Throwing Centre  
Leiria Municipal Stadium

NTC  
MS