

**BUPA London 10,000 (10K)**  
**London (GBR), 27. maj 2012**

Pos	MW	Gun	Chip	Name	AG	Club
1		29:21	29:21	Mohamed Farah	SEN M	Newham & Essex Beagles
2		29:24	29:24	Arata FUJIWARA	SEN M	
3		29:26	29:26	Scott Overall	SEN M	Blackheath & Bromley
4		29:38	29:38	Mehretab Soloman	U23 M	Victoria Park & Tower Hamlets/Eritrea
5		29:39	29:39	Kentaro Nakamoto	SEN M	YASKAWA ELECTRIC CORPORATION Track&Field Team
6		29:44	29:44	Michael Skinner	SEN M	Blackheath & Bromley
7		30:13	30:13	Phil Wicks	SEN M	Belgrave
8		30:15	30:15	Tommy Davies	SEN M	Cardiff
9		30:20	30:20	Dewi Griffiths	U23 M	Swansea/Swansea Uni
10		30:23	30:22	Glen Watts	SEN M	Shaftesbury Barnet/Western State Col
11		30:28	30:28	Anuradha Cooray	SEN M	Vale of Aylesbury/Sri Lanka
12		30:32	30:32	Kevin Heywood	SEN M	Bideford
13		30:35	30:35	Dave Mitchinson	SEN M	Newham & Essex Beagles/Police
14		30:37	30:37	Jon Pepper	SEN M	Enfield & Haringey/Phoenix AC
15		30:44	30:44	Martin Williams	SEN M	Tipton/Police
16		30:44	30:44	Phil Nicholls	SEN M	Tipton
17		30:47	30:47	Steven Connor	SEN M	Aldershot, Farnham & District/St. Mary's Uni
18		30:49	30:49	Ben Noad	V35 M	Highgate
19		30:50	30:50	Hywel Care	SEN M	Woodford Green Essex Ladies
20		31:03	31:03	Steven Naylor	SEN M	Bedford & County
21		31:03	31:03	Michael Crawley	SEN M	Durham/Edinburgh Uni Hare & Hounds
22		31:08	31:08	Paul Martelletti	SEN M	Victoria Park & Tower Hamlets/New Zealand
23		31:09	31:09	Jonathan Thewlis	SEN M	Notts/Nottingham Uni
24		31:16	31:16	David Bruce	SEN M	Highgate/Oxford Uni
25		31:17	31:17	Paul Thompson	U20 M	BRAT/St. Mary's Uni
26		31:22	31:22	Paolo Natali	SEN M	Cambridge Uni/Italy
27		31:25	31:25	James Ellis	SEN M	Newham & Essex Beagles
28		31:26	31:26	Alastair Watson	SEN M	Hermitage/Notts
29		31:32	31:32	Matt Janes	SEN M	Bedford & County/W'minster U
30		31:35	31:35	Kairn Stone	V35 M	Newham & Essex Beagles/Plymouth H
31		31:36	31:36	Ian Williams	SEN M	Tipton/Taf Running & Orienteering (TROTS)/Birmingh
32		31:38	31:38	Matt O'Dowd	V35 M	Notts
33		31:42	31:42	Matt Granger	SEN M	Tipton/Birmingham Uni
34		31:45	31:45	Alex Dunbar	U20 M	City of Norwich/St. Mary's Uni
35		31:48	31:48	Ben Pochee	V40 M	Highgate
36		32:00	32:00	Adrian Mussett	V40 M	Colchester H
37		32:03	32:03	Ian Bailey	U20 M	Aldershot, Farnham & District
38		32:04	32:04	Danny Russell	SEN M	Highgate/Australia
39		32:05	32:05	Andrew Rayner	SEN M	Blackheath & Bromley
40		32:06	32:06	Richard Kay	SEN M	Tipton
41		32:07	32:07	Marc Hobbs	SEN M	Swansea
42		32:09	32:09	Tomaž Pliberšek	SEN M	Woodford Green Essex Ladies/Slovenia
43		32:15	32:15	Daniel Woodgate	U20 M	Luton/St. Mary's Uni
44		32:18	32:18	William MacKay	U23 M	Bedford & County/Cambridge Uni
45		32:22	32:22	Ed Barnett	SEN M	Aldershot, Farnham & District/Nottingham Uni
46		32:23	32:23	Christopher Greenwood	V35 M	Kent
47		32:25	32:25	Rick Ward	U23 M	City of Norwich/St. Mary's Uni/Shaftesbury Barnet
48		32:26	32:26	Richard Phillips	V35 M	Serpentine