EYOF 2023 – PRELIMINARY TIMETABLE

DAY 1 - Monday, Morning, 24/07			
10:00	100m Dec	B	Heats
10:10	Javelin Throw	B	Q A
10:20	1500m	B	R1
10:30	Pole Vault	G	Q A+B
10:50	Long Jump Dec	B	all
10:55	800m	B	R1
11:10	Javelin Throw	B	Q B
11:25	100m	G	R1
12:00	100m	B	R1
12:05	Shot Put Dec	B	all

DAY 1 - Monday, Evening, 24/07			
17:00	High Jump Dec	B	all
17:05	Shot Put	B	Q A+B
17:10	110m H	B	R1
17:45	400m	G	R1
18:10	400m	B	R1
18:15	Discus Throw	G	Q A
18:40	Long Jump	G	Q A+B
18:45	**3000m**	**G**	**Final**
19:10	400m Dec	B	Heats
19:25	Discus Throw	G	Q B
19:35	**5000m RW**	**B**	**Final**

DAY 2 - Tuesday, Morning, 25/07			
09:30	110m H Dec	B	Heats
10:00	Pole Vault	B	Q A+B
10:10	Long Jump	B	Q A+B
10:20	Discus Throw	B	all
10:30	400m H	G	R1
10:55	400m H	B	R1
11:40	Hammer Throw	G	Q A
12:05	Pole Vault Dec	B	all
13:00	Hammer Throw	G	Q B

DAY 2 - Tuesday, Evening, 25/07			
17:00	Javelin Throw	B	all
17:10	**Shot Put**	**B**	**Final**
17:20	100m	G	SF
17:40	100m	B	SF
18:05	**Long Jump**	**G**	**Final**
18:20	**1500m Dec**	**B**	**Final**
18:35	**Javelin Throw**	**B**	**Final**
19:05	**110m H**	**B**	**Final**
19:25	**100m**	**G**	**Final**
19:45	**100m**	**B**	**Final**

DAY 3 - Wednesday, Morning, 26/07			
09:40	100m H Hep	G	Heats
10:00	Hammer Throw	B	Q A
10:05	2000m SC	G	R1
10:20	High Jump Hep	G	all
10:40	2000m SC	B	R1
11:15	Triple Jump	G	Q A+B
11:20	200m	G	R1
11:25	Hammer Throw	B	Q B
11:50	200m	B	R1

DAY 3 - Wednesday, Evening, 26/07			
17:00	Shot Put Hep	G	all
17:15	High Jump	B	Q A+B
17:25	**Pole Vault**	**G**	**Final**
17:35	3000m	B	R1
18:15	200m Hep	G	Heats
18:40	**400m**	**B**	**Final**
18:45	**Discus Throw**	**G**	**Final**
19:00	**400m**	**G**	**Final**
19:25	**1500m**	**B**	**Final**
19:50	**800m**	**B**	**Final**

DAY 4 - Thursday, Morning, 27/07			
10:00	Javelin Throw	G	Q A
10:10	Shot Put	G	Q A+B
10:20	100m H	G	R1
10:35	Long Jump Hep	G	all
11:05	Javelin Throw	G	Q B
11:10	800m	G	R1
11:40	1500m	G	R1
12:00	Triple Jump	B	Q A+B
12:15	Javelin Throw	G	all
12:20	200m	G	SF
12:40	200m	B	SF

DAY 4 - Thursday, Evening, 27/07			
17:00	**Hammer Throw**	**G**	**Final**
17:15	**Pole Vault**	**B**	**Final**
18:00	**400m H**	**G**	**Final**
18:05	**Long Jump**	**B**	**Final**
18:25	**800m Hep**	**G**	**Final**
18:30	High Jump	G	Q A+B
18:50	Discus Throw	B	Q A
19:05	**2000m SC**	**G**	**Final**
19:30	**200m**	**G**	**Final**
19:40	Discus Throw	B	Q B
19:50	**200m**	**B**	**Final**

DAY 5 - Friday, Morning, 28/07

DAY 5 - Friday, Evening, 28/07			
17:00	**Hammer Throw**	**B**	**Final**
17:10	**100m H**	**G**	**FInal**
17:30	**Triple Jump**	**G**	**FInal**
17:35	**400m H**	**B**	**FInal**
18:00	**3000m**	**B**	**Final**
18:25	Medley Relay	G	R1
18:30	**High Jump**	**B**	**Final**
19:00	Medley Relay	B	R1
19:05	**Javelin Throw**	**G**	**FInal**
19:35	**5000m RW**	**G**	**Final**

DAY 6 - Saturday, Morning, 29/07			
09:50	**Discus Throw**	**B**	**Final**
10:00	**High Jump**	**G**	**Final**
10:10	**2000m SC**	**B**	**Final**
10:30	**Triple Jump**	**B**	**Final**
10:50	**1500m**	**G**	**Final**
11:00	**Shot Put**	**G**	**Final**
11:15	**800m**	**G**	**Final**
12:05	**Medley Relay**	**B**	**Final**
12:25	**Medley Relay**	**G**	**Final**

DAY 6 - Saturday, Evening, 29/07