

# **1. SVETOVNO PRVENSTVO V CESTNEM TEKU**

**Riga (LAT), 01.10.2023**

# RESULTS



## Road Mile Women

| RECORDS                             | RESULT  | NAME           | COUNTRY | AGE | VENUE | DATE       |
|-------------------------------------|---------|----------------|---------|-----|-------|------------|
| World Record Women Only <b>WRwo</b> | 4:20.98 | Diribe WELTEJI | ETH     | 21  | Riga  | 1 Oct 2023 |
| Championships Record <b>CR</b>      | 4:20.98 | Diribe WELTEJI | ETH     | 21  | Riga  | 1 Oct 2023 |
| World Leading <b>WL</b>             | 4:20.98 | Diribe WELTEJI | ETH     | 21  | Riga  | 1 Oct 2023 |

AR **AR**National Record **NR**Personal Best **PB**Season Best **SB**

1 October 2023 13:00 START TIME

16° C  
TEMPERATURE70 %  
HUMIDITY

| PLACE | BIB | NAME                    | COUNTRY | DATE of BIRTH | ORDER | RESULT  |             |
|-------|-----|-------------------------|---------|---------------|-------|---------|-------------|
| 1     | 149 | Diribe WELTEJI          | ETH     | 13 May 02     | 11    | 4:20.98 | <b>WRwo</b> |
| 2     | 145 | Freweyni HAILU          | ETH     | 12 Feb 01     | 10    | 4:23.06 | <b>PB</b>   |
| 3     | 183 | Faith KIPYEGON          | KEN     | 10 Jan 94     | 17    | 4:24.13 | <b>PB</b>   |
| 4     | 177 | Nelly CHEPCHIRCHIR      | KEN     | 4 Jun 03      | 16    | 4:31.18 | <b>PB</b>   |
| 5     | 104 | Jessica HULL            | AUS     | 22 Oct 96     | 2     | 4:32.45 | <b>PB</b>   |
| 6     | 137 | Marta PÉREZ             | ESP     | 19 Apr 93     | 8     | 4:34.12 | <b>PB</b>   |
| 7     | 152 | Berenice CLEYET-MERLE   | FRA     | 24 Oct 94     | 12    | 4:34.41 | <b>PB</b>   |
| 8     | 174 | Nozomi TANAKA           | JPN     | 4 Sep 99      | 15    | 4:35.32 |             |
| 9     | 250 | Addison WILEY           | USA     | 24 Oct 03     | 30    | 4:36.03 |             |
| 10    | 206 | Marissa DAMINK          | NED     | 24 Oct 95     | 20    | 4:36.49 | <b>PB</b>   |
| 11    | 153 | Charlotte MOUCHET       | FRA     | 5 Jun 96      | 13    | 4:36.71 | <b>PB</b>   |
| 12    | 122 | Glynis SIM              | CAN     | 14 Apr 98     | 4     | 4:36.81 | <b>PB</b>   |
| 13    | 213 | Weronika LIZAKOWSKA     | POL     | 2 Nov 98      | 21    | 4:37.04 | <b>PB</b>   |
| 14    | 103 | Sarah BILLINGS          | AUS     | 7 Mar 98      | 1     | 4:38.97 | <b>PB</b>   |
| 15    | 220 | Carina VILJOEN          | RSA     | 15 Apr 97     | 23    | 4:39.01 | <b>PB</b>   |
| 16    | 161 | Sarah MCDONALD          | GBR     | 2 Aug 93      | 14    | 4:40.14 | <b>SB</b>   |
| 17    | 249 | Helen SCHLACHTENHAUFEN  | USA     | 14 Mar 95     | 29    | 4:40.28 |             |
| 18    | 238 | Prisca CHESANG          | UGA     | 7 Aug 03      | 26    | 4:45.42 | <b>PB</b>   |
| 19    | 241 | María Pía FERNÁNDEZ     | URU     | 1 Apr 95      | 28    | 4:45.81 | <b>PB</b>   |
| 20    | 214 | Aleksandra PŁOCIŃSKA    | POL     | 5 Oct 99      | 22    | 4:46.50 | <b>PB</b>   |
| 21    | 229 | Veronika SADEK          | SLO     | 21 Jan 03     | 25    | 4:47.00 | <b>PB</b>   |
| 22    | 124 | Regan YEE               | CAN     | 4 Jul 95      | 5     | 4:48.31 | <b>PB</b>   |
| 23    | 134 | Roza HAILE              | ERI     | 1 Jan 06      | 7     | 4:49.43 | <b>PB</b>   |
| 24    | 117 | Jaqueline Beatriz WEBER | BRA     | 6 Apr 95      | 3     | 4:50.11 | <b>NR</b>   |
| 25    | 205 | Gina MCNAMARA           | MLT     | 5 Dec 94      | 19    | 4:53.54 | <b>SB</b>   |
| 26    | 129 | Mia Helene MØRCK        | DEN     | 16 Nov 99     | 6     | 4:54.95 | <b>PB</b>   |
| 27    | 141 | Tuuli TOMINGAS          | EST     | 4 Jan 95      | 9     | 5:09.13 | <b>PB</b>   |
| 28    | 192 | Sibilla VANADZIŃA       | LAT     | 5 Oct 07      | 18    | 5:18.28 | <b>PB</b>   |
| 29    | 226 | Romaine Rui-Min SOH     | SGP     | 26 Nov 94     | 24    | 5:24.19 | <b>PB</b>   |
|       | 239 | Winnie NANYONDO         | UGA     | 23 Aug 93     | 27    | DNF     |             |

### INTERMEDIATE TIMES

1000 m 2:41.00 Faith KIPYEGON

**RESULTS**  
**Road Mile Women**

| ALL-TIME OUTDOOR TOP LIST |                        |                      |           | 2023 OUTDOOR TOP LIST |                               |                      |        |
|---------------------------|------------------------|----------------------|-----------|-----------------------|-------------------------------|----------------------|--------|
| RESULT                    | NAME                   | VENUE                | DATE      | RESULT                | NAME                          | VENUE                | 2023   |
| 4:20.98                   | Diribe WELTEJI (ETH)   | Riga                 | 1 Oct 23  | 4:20.98               | Diribe WELTEJI (ETH)          | Riga                 | 1 Oct  |
| 4:22.54                   | Miriam CHEROP (KEN)    | Honolulu, HI (USA)   | 8 Dec 18  | 4:23.06               | Freweyni HAILU (ETH)          | Riga                 | 1 Oct  |
| 4:23.06                   | Freweyni HAILU (ETH)   | Riga                 | 1 Oct 23  | 4:24.13               | Faith KIPYEGON (KEN)          | Riga                 | 1 Oct  |
| 4:24.13                   | Faith KIPYEGON (KEN)   | Riga                 | 1 Oct 23  | 4:27.97               | Nikki HILTZ (USA)             | Des Moines, IA (USA) | 25 Apr |
| 4:25.00                   | Elle ST. PIERRE (USA)  | Honolulu, HI (USA)   | 7 Dec 19  | 4:28.70               | Sinclair JOHNSON (USA)        | Des Moines, IA (USA) | 25 Apr |
| 4:25.70                   | Shannon OSIKA (USA)    | Honolulu, HI (USA)   | 7 Dec 19  | 4:30.94               | Addison WILEY (USA)           | Des Moines, IA (USA) | 25 Apr |
| 4:27.00                   | Sinclair JOHNSON (USA) | Pittsburgh, PA (USA) | 23 Jul 21 | 4:31.18               | Nelly CHEPCHIRCHIR (KEN)      | Riga                 | 1 Oct  |
| 4:27.40                   | Katrina COOGAN (USA)   | Honolulu, HI (USA)   | 9 Dec 17  | 4:31.38               | Colleen QUIGLEY (USA)         | Des Moines, IA (USA) | 25 Apr |
| 4:27.97                   | Nikki HILTZ (USA)      | Des Moines, IA (USA) | 25 Apr 23 | 4:31.71               | Shannon OSIKA (USA)           | Des Moines, IA (USA) | 25 Apr |
| 4:28.00                   | Leah PELLIS (CAN)      | Honolulu, HI (USA)   | 13 Dec 97 | 4:32.00               | Nozomi TANAKA (JPN)           | Düsseldorf (GER)     | 3 Sep  |
| 4:28.00                   | Genzebe DIBABA (ETH)   | London (GBR)         | 20 Jul 14 | 4:32.00               | Vivian Chebet KIPROTICH (KEN) | Düsseldorf (GER)     | 3 Sep  |
| 4:28.00                   | Emily LIPARI (USA)     | Pittsburgh, PA (USA) | 22 Jul 22 |                       |                               |                      |        |

# RESULTS



## 5 Kilometres Women

| RECORDS                             | RESULT       | NAME            | COUNTRY | AGE | VENUE                | DATE        |
|-------------------------------------|--------------|-----------------|---------|-----|----------------------|-------------|
| World Record Women Only <b>WRwo</b> | <b>14:29</b> | Senbere TEFERI  | ETH     | 26  | Herzogenaurach (GER) | 12 Sep 2021 |
| Championships Record <b>CR</b>      | <b>14:35</b> | Beatrice CHEBET | KEN     | 23  | Riga                 | 1 Oct 2023  |
| World Leading <b>WL</b>             | <b>14:35</b> | Mekides ABEBE   | ETH     | 22  | Lille (FRA)          | 19 Mar 2023 |
| World Leading <b>WL</b>             | <b>14:35</b> | Caroline NYAGA  | KEN     | 30  | Lille (FRA)          | 19 Mar 2023 |

AR **AR**

National Record **NR**

Personal Best **PB**

Season Best **SB**

1 October 2023

11:49 START TIME

15° C

77 %

TEMPERATURE

HUMIDITY

12:08 END TIME

15° C

76 %

| PLACE | BIB | NAME                    | COUNTRY | DATE of BIRTH | RESULT       |                  |
|-------|-----|-------------------------|---------|---------------|--------------|------------------|
| 1     | 176 | Beatrice CHEBET         | KEN     | 5 Mar 00      | <b>14:35</b> | <b>CR</b>        |
| 2     | 186 | Lilian Kasait RENGERUK  | KEN     | 3 May 97      | <b>14:39</b> | <b>PB</b> + 4    |
| 3     | 148 | Ejgayehu TAYE           | ETH     | 10 Feb 00     | <b>14:40</b> | <b>SB</b> + 5    |
| 4     | 142 | Medina EISA             | ETH     | 3 Jan 05      | <b>14:41</b> | <b>PB</b> + 6    |
| 5     | 171 | Nadia BATTOCLETTI       | ITA     | 12 Apr 00     | <b>14:45</b> | <b>NR</b> + 10   |
| 6     | 237 | Joy CHEPTOYEK           | UGA     | 15 May 02     | <b>14:50</b> | <b>NR</b> + 15   |
| 7     | 245 | Weini KELATI FREZGHI    | USA     | 1 Dec 96      | <b>15:10</b> | <b>NR</b> + 35   |
| 8     | 162 | Verity OCKENDEN         | GBR     | 31 Aug 91     | <b>15:18</b> | <b>PB</b> + 43   |
| 9     | 111 | Francine NIYOMUKUNZI    | BDI     | 1 Aug 99      | <b>15:23</b> | <b>NR</b> + 48   |
| 10    | 228 | Klara LUKAN             | SLO     | 8 Sep 00      | <b>15:25</b> | <b>NR</b> + 50   |
| 11    | 247 | Fiona O'KEEFFE          | USA     | 24 May 98     | <b>15:40</b> | + 1:05           |
| 12    | 101 | Caitlin ADAMS           | AUS     | 7 Jul 97      | <b>15:41</b> | <b>SB</b> + 1:06 |
| 13    | 118 | Militsa MIRCHEVA        | BUL     | 24 May 94     | <b>15:45</b> | <b>NR</b> + 1:10 |
| 14    | 175 | Nanami WATANABE         | JPN     | 24 Dec 98     | <b>15:46</b> | <b>PB</b> + 1:11 |
| 15    | 216 | Tayla KAVANAGH          | RSA     | 5 May 01      | <b>15:50</b> | <b>NR</b> + 1:15 |
| 16    | 215 | Kyla JACOBS             | RSA     | 14 Oct 94     | <b>15:51</b> | <b>PB</b> + 1:16 |
| 17    | 123 | Julie-Anne STAEHLI      | CAN     | 21 Dec 93     | <b>15:55</b> | + 1:20           |
| 18    | 126 | Juliane HVID            | DEN     | 8 Apr 98      | <b>15:59</b> | <b>PB</b> + 1:24 |
| 19    | 107 | Lauren RYAN             | AUS     | 15 Mar 98     | <b>15:59</b> | <b>PB</b> + 1:24 |
| 20    | 212 | Paulina KACZYŃSKA       | POL     | 24 Jul 91     | <b>16:00</b> | <b>PB</b> + 1:25 |
| 21    | 172 | Federica DEL BUONO      | ITA     | 12 Dec 94     | <b>16:03</b> | <b>PB</b> + 1:28 |
| 22    | 110 | Micheline NIYOMAHORO    | BDI     | 1 Apr 01      | <b>16:04</b> | <b>PB</b> + 1:29 |
| 23    | 236 | Peruth CHEMUTAI         | UGA     | 10 Jul 99     | <b>16:09</b> | + 1:34           |
| 24    | 230 | Liza ŠAJN               | SLO     | 5 May 02      | <b>16:14</b> | <b>PB</b> + 1:39 |
| 25    | 120 | Jessy LACOURSE          | CAN     | 5 Feb 97      | <b>16:15</b> | <b>PB</b> + 1:40 |
| 26    | 128 | Carolien MILLENAAR      | DEN     | 26 Mar 97     | <b>16:17</b> | <b>PB</b> + 1:42 |
| 27    | 135 | Maria KOTE              | ERI     | 15 Apr 06     | <b>16:18</b> | <b>NR</b> + 1:43 |
| 28    | 240 | Bohdana SEMYONOVA       | UKR     | 26 Aug 99     | <b>16:25</b> | <b>NR</b> + 1:50 |
| 29    | 194 | Lina KIRILIUK           | LTU     | 6 Jul 96      | <b>16:38</b> | <b>NR</b> + 2:03 |
| 30    | 115 | Simone FERRAZ           | BRA     | 12 Mar 90     | <b>16:39</b> | <b>PB</b> + 2:04 |
| 31    | 139 | Helen BELL              | EST     | 30 Jan 89     | <b>17:09</b> | <b>NR</b> + 2:34 |
| 32    | 190 | Evelina Krista SITNIKA  | LAT     | 25 Apr 03     | <b>17:27</b> | <b>PB</b> + 2:52 |
| 33    | 138 | Johanna ARDEL           | EST     | 18 Dec 96     | <b>17:44</b> | <b>PB</b> + 3:09 |
| 34    | 225 | Vanessa Ying Zhuang LEE | SGP     | 23 Feb 98     | <b>18:08</b> | <b>PB</b> + 3:33 |

### INTERMEDIATE TIMES

|      |      |               |      |       |               |
|------|------|---------------|------|-------|---------------|
| 1 Km | 2:55 | Joy CHEPTOYEK | 2 Km | 5:54  | Ejgayehu TAYE |
| 3 Km | 8:53 | Joy CHEPTOYEK | 4 Km | 11:47 | Ejgayehu TAYE |

**RESULTS**  
**5 Kilometres Women**

| ALL-TIME OUTDOOR TOP LIST |                                  |                      |           | 2023 OUTDOOR TOP LIST |                              |                      |        |
|---------------------------|----------------------------------|----------------------|-----------|-----------------------|------------------------------|----------------------|--------|
| RESULT                    | NAME                             | VENUE                | DATE      | RESULT                | NAME                         | VENUE                | 2023   |
| 14:19                     | Ejgayehu TAYE (ETH)              | Barcelona (ESP)      | 31 Dec 21 | 14:35                 | Caroline NYAGA (KEN)         | Lille (FRA)          | 19 Mar |
| 14:29                     | Francine NIYONSABA (BDI)         | Zürich (SUI)         | 8 Sep 21  | 14:35                 | Mekides ABEBE (ETH)          | Lille (FRA)          | 19 Mar |
| 14:29                     | Senbere TEFERI (ETH)             | Herzogenaurach (GER) | 12 Sep 21 | 14:35                 | Beatrice CHEBET (KEN)        | Riga                 | 1 Oct  |
| 14:30                     | Hellen OBIRI (KEN)               | Zürich (SUI)         | 8 Sep 21  | 14:39                 | Lilian Kasait RENGERUK (KEN) | Riga                 | 1 Oct  |
| 14:32                     | Joyciline JEPKOSGEI (KEN)        | Praha (CZE)          | 9 Sep 17  | 14:40                 | Doris Lenqole CHEROP (KEN)   | Lille (FRA)          | 19 Mar |
| 14:32                     | Marqaret Chelimo KIPKEMBOI (KEN) | Zürich (SUI)         | 8 Sep 21  | 14:40                 | Ejgayehu TAYE (ETH)          | Riga                 | 1 Oct  |
| 14:32                     | Beatrice CHEBET (KEN)            | Zürich (SUI)         | 7 Sep 22  | 14:41                 | Medina EISA (ETH)            | Riga                 | 1 Oct  |
| 14:33                     | Gudaf TSEGAY (ETH)               | Zürich (SUI)         | 7 Sep 22  | 14:45                 | Nadia BATTOCLETTI (ITA)      | Riga                 | 1 Oct  |
| 14:35                     | Caroline NYAGA (KEN)             | Lille (FRA)          | 19 Mar 23 | 14:46                 | Senbere TEFERI (ETH)         | Herzogenaurach (GER) | 29 Apr |
| 14:35                     | Mekides ABEBE (ETH)              | Lille (FRA)          | 19 Mar 23 | 14:48                 | Girmawit GEBRZIHAIR (ETH)    | Herzogenaurach (GER) | 29 Apr |